



COMMUNITY CANCER

RESOURCE  
GUIDE

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SPONSORED BY  
Huntsman Cancer Institute  
American Cancer Society  
Utah Cancer Action Network

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### Coping with a Cancer Diagnosis

**Receiving a diagnosis of cancer can be overwhelming and challenging.** Coping with cancer is both physically and emotionally taxing. You may feel fear, anger, resentment, frustration, or loneliness. Remember that you are not alone. Many others have gone through what you are going through now and can be a source of support for you.

**You can turn to several types of resources for help throughout this journey.** Some people prefer to lean on family members or friends for support. Others may turn to their faith or religious clergy for comfort. Support groups can help those who wish to learn from others who are going through similar experiences. Social workers, psychologists, or psychiatrists can provide comfort through individualized support. You may find that a combination of some or all of these resources best suits your needs. It is important to realize that each of us is different, and what may appeal to one person may not work for another. Whatever support system you choose, make sure that your emotional needs are being met.

**The *Community Cancer Resource Guide* can help you find resources, both locally and nationally, to help you deal with the emotional aspects of cancer.** It also includes sections on resources for financial and legal aid, low-cost wigs and prostheses, transportation, and accommodations. This guide is brought to you through the collaborative efforts of the American Cancer Society, Huntsman Cancer Institute, and the organizations and individuals of the Utah Cancer Action Network. **It contains many local and national cancer resources; however, it does not contain every resource available.** Please note that support group or program inclusion does not imply endorsement by the American Cancer Society, Huntsman Cancer Institute, or Utah Cancer Action Network.

**Finally, we welcome your assistance!** We have made every effort to ensure that the resources listed in this guide were accurate and up-to-date at the time of printing; however, resources constantly change. If you find incorrect information in the guide, or if you know of a service or group that should be included, please let us know. We welcome any changes or suggestions you may have. *You can reach us by calling toll-free (888) 424-2100 or within Salt Lake City (801) 581-6365.* We can also be reached by e-mail at [patient.education@hci.utah.edu](mailto:patient.education@hci.utah.edu).

## **American Cancer Society**

**[www.cancer.org](http://www.cancer.org)**

Toll-free for all chapters below: (800) 227-2345

### **UTAH CHAPTERS:**

#### **Greater Salt Lake Area Office**

941 E 3300 S

Salt Lake City UT 84106

(801) 483-1500

#### **Central Area Office**

255 E 930 S

Orem UT 84058

(801) 373-5886

#### **Northern Area Office**

2404 Washington Blvd #218

Ogden UT 84401

(801) 393-8657

#### **South Central East Area Office**

*(Sanpete, Emery, Sevier, Carbon,  
Duchesne Counties, and Fillmore)*

PO Box 650099

Sterling UT 84665

(801) 835-6351

#### **Southern Area Office**

567 S Valley View Dr #204

St. George UT 84770

(435) 674-9707

The American Cancer Society is a nationwide, community-based voluntary health organization dedicated to preventing cancer, saving lives, and diminishing the suffering from cancer through research, advocacy, education, and service. They offer assistance for survivors, cancer patients, and their loved ones through local support groups, patient services, and Learning and Wellness Centers. For cancer information and support

24 hours a day, seven days a week, call toll-free (800) ACS-2345 (227-2345). *See Local Support Groups/Programs section for information on specific programs throughout Utah.*

### **Camp Hobé**

PO Box 520755  
Salt Lake City UT 84152-0755  
(801) 631-2742  
[www.camphobe.org](http://www.camphobe.org)

Camp Hobé offers a special summer camp experience for cancer patients and their siblings, serving children between 4 and 19 years old from Utah and the Intermountain area (Wyoming, Idaho, and Nevada). Their goal is to create an atmosphere that enhances self-esteem, fosters independence and friendships, and creates a feeling of belonging. Three camp sessions, which provide age-specific activities and supervision, are available each summer.

### **Cancer Wellness House**

59 S 1100 E  
Salt Lake City UT 84102  
(801) 236-2294  
[www.cancer-wellness.org](http://www.cancer-wellness.org)

Cancer Wellness House is a thriving community of hope, learning opportunities, and friendship. Its unique program offers classes, workshops, groups, and social activities all designed to support people whose lives have been affected by cancer. Opportunities include monthly networking groups, children's programs, family and friends groups, yoga, massage, meditation, spirituality workshops, symptom management workshops, complementary care workshops, nutrition classes, book clubs, seasonal parties, and social activities. All programs are free.

## **Huntsman Cancer Information Service**

### **Huntsman Cancer Institute**

University of Utah  
2000 Circle of Hope  
Salt Lake City UT 84112  
(801) 581-6365  
Toll-free: (888) 424-2100  
[www.huntsmancancer.org](http://www.huntsmancancer.org)

The Huntsman Cancer Information Service provides accurate, up-to-date information on all aspects of cancer including (but not limited to) risk factors, prevention, screening and early detection, symptoms, diagnosis, treatment, rehabilitation, and coping. It is a place to call for information on cancer programs or services within Utah. Information on clinical trials at the Huntsman Cancer Institute is also available. This service is available for cancer patients, families, friends, the general public, and health professionals. Office hours are Monday-Friday from 8:00 a.m. to 4:00 p.m. All calls are confidential and all materials are free of charge. Materials in Spanish are available.

## **Huntsman Cancer Learning Center**

### **Huntsman Cancer Institute**

University of Utah  
2000 Circle of Hope  
Salt Lake City UT 84112  
(801) 585-0605  
Toll-free: (888) 424-2100  
[www.huntsmancancer.org](http://www.huntsmancancer.org)

The Huntsman Cancer Learning Center, located on the first floor of Huntsman Cancer Institute, is free and open to anyone needing information about cancer. Cancer information specialists can answer questions and provide individualized help locating cancer information via books, articles, videos, and Internet resources. The Learning Center is a lending library, and

most materials are available for check-out. All Cancer Learning Center services are free. Office hours are Monday through Friday from 9:00 a.m. to 5:00 p.m., with extended hours on Wednesday from 9:00 a.m. to 7:00 p.m. Materials in Spanish are available.

## **Huntsman Cancer Learning Center—Provo Branch**

### **Central Utah Multi-Specialty Clinic**

Medical Oncology Department

1055 N 500 W

Provo UT 84604

(801) 374-2362

The Provo branch of the Huntsman Cancer Learning Center is located in the Infusion Suite on the second floor of the Central Utah Multi-Specialty Clinic. The Center is free, open to the public, and offers cancer-related information via books, videos, pamphlets, and Internet resources. Many of the books are available for check-out. The Center is open Monday through Friday from 8:00 a.m. to 5:00 p.m.

## **The Leukemia & Lymphoma Society (The LLS)**

### **Utah Chapter**

180 S 300 W Ste 260

Salt Lake City UT 84101

(801) 519-6600

Toll-free: (877) 243-8908

**[www.lls.org](http://www.lls.org)**

The LLS is dedicated to finding cures for leukemia, lymphoma, and myeloma and to improving the quality of life for patients and their families. They offer educational programs, support groups, and patient-to-patient visitation via telephone for patients and their families. Their patient financial aid program offers up to \$500 per year for miscellaneous expenses to those suffering from blood-related cancers.

## **Pacific Islander Cancer Control Network**

225 7th Ave  
Salt Lake City UT 84103  
(801) 328-4029

The long-term goals of the Pacific Islander Cancer Control Network project are to improve cancer awareness, to enhance recruitment to clinical trials, and to increase the number of cancer control investigators among American Samoans, Tongans, and Chimorros/Guamanians in the United States. In Utah, this project focuses on outreach to Tongan populations.

## **Rocky Mountain Candlelighters for Childhood Cancer**

PO Box 3536  
Salt Lake City UT 84110  
Street address: 328 W 200 S Ste 100  
(801) 487-7844  
Toll-free: (888) 556-2737  
[www.childhoodcancer.org](http://www.childhoodcancer.org)

Candlelighters provides patient advocacy and education, as well as emotional and practical support, to families who have or who have had a child with cancer. This program consists of quarterly newsletters, support groups for children with cancer and their siblings (Kidshops), summer and holiday get-togethers, annual memorial services to honor children who have died, biweekly parent break hours, a parent resource room with computers at Primary Children's Medical Center, and New Parent Bags given to families when a child is diagnosed with cancer.

## **Utah Cancer Action Network (UCAN)**

288 N 1460 W  
PO Box 142107  
Salt Lake City UT 84114-2107  
Toll-free: (888) 222-2542  
[www.ucan.cc](http://www.ucan.cc)

The mission of the UCAN is to reduce cancer incidence and mortality in Utah through collaborative efforts that provide services and programs directed toward comprehensive cancer



prevention and control. These efforts include prevention, early detection, treatment, rehabilitation, and palliation. UCAN offers a website, a toll-free hotline, educational materials, and a speaker's bureau.

## **Utah Cancer Control Program (UCCP)**

### **Utah Department of Health**

288 N 1460 W

PO Box 142107

Salt Lake City UT 84114-2107

(801) 538-6712

Toll-free: (800) 717-1811

**[www.utahcancer.org](http://www.utahcancer.org)**

The UCCP, in partnership with other agencies and organizations, works to improve the rate of early detection, follow-up, and treatment of breast and cervical cancers when they are most amenable to treatment and cure. The UCCP also promotes a statewide comprehensive cancer control initiative, Utah Cancer Action Network (UCAN), to coordinate efforts related to prevention, early detection, and treatment of cancer and enhance quality of life for those living with cancer.

## **Utah Cancer Crusaders Organization (UCC)**

PO Box 2076

Provo UT 84603

(801) 427-5077

**[www.cancercrusaders.org](http://www.cancercrusaders.org)**

UCC is a nonprofit service corporation aimed at providing effective, specially tailored cancer education for Utah's college student population. Among their various services and programs, UCC forms and manages campus cancer awareness clubs, maintains two scholarship endowment programs for those touched by cancer, partners with other organizations in the cancer community, promotes the new national Skin Cancer Awareness ribbon, hosts educational seminars and conferences, lobbies and advocates for cancer patients, and performs service projects.

## ALL CANCERS

### STATEWIDE

#### **Look Good...Feel Better**

##### **American Cancer Society**

**Meets:** Monthly.

**Purpose:** A free program that teaches beauty techniques to female cancer patients in active treatment to help them combat the appearance-related side effects of cancer treatments.

**Contact:** American Cancer Society (*see listing in Local Agencies/ Organizations section for chapter nearest you*), or call toll-free (800) 227-2345.

### CARBON AND EMERY COUNTIES

#### **Cancer Support Group**

**Meets:** On an individual basis. Call for more information.

**Purpose:** General cancer support group. Free.

**Contact:** Helen Orr at (435) 637-3142.

### CLEARFIELD

#### **Cancer Support Group**

##### **American Cancer Society**

Hill Air Force Base

**Meets:** Third Tuesday of each month. Location varies.

**Purpose:** General cancer support and education.

**Contact:** American Cancer Society at (801) 393-8657 or toll-free (800) 227-2345 (national number).

### EPHRAIM

#### **Cancer Support Group**

##### **American Cancer Society**

Snow College

Ephraim UT 84627

**Meets:** On an as-needed basis. Please call for more information.

**Purpose:** General cancer support group. Free.

**Contact:** Dori with the American Cancer Society at (435) 835-6351 or toll-free (800) 227-2345 (national number).

**LOGAN**

**I Can Cope Cancer Support Group**

**American Cancer Society  
Logan Regional Hospital**

1400 N 500 E  
Logan UT 84341

**Meets:** Please call for more information.

**Purpose:** General cancer support group. Free.

**Contact:** American Cancer Society at (801) 393-8657 or  
toll-free (800) 227-2345 (national number).

**PAYSON**

**Cancer Support Group**

**Mountain View Hospital**

1000 E 100 N  
Payson UT 84651

**Meets:** Second Thursday of each month. Meeting site alternates  
between Mountain View Hospital and Timpanogos  
Regional Hospital. Call for more information.

**Purpose:** Primarily to help women diagnosed with cancer, but  
anyone is welcome to attend. Free.

**Contact:** Lana Hone at (801) 465-7000.

**PRICE**

**Women's Cancer Support Group**

**American Cancer Society  
Castleview Hospital**

300 N Hospital Dr  
Price UT 84501

**Meets:** Third Wednesday of each month at 7:00 p.m.

**Purpose:** To help women diagnosed with breast and other cancers.  
Free.

**Contact:** Dori with the American Cancer Society at (435) 835-6351  
or toll-free (800) 227-2345 (national number).

## ALL CANCERS, CONTINUED

**PROVO****Empowering Cancer Patients—  
Cancer Patient and Caregiver Educational Series****Central Utah Multi-Specialty Clinic**

1055 N 500 W

Provo UT 84604

**www.cumcmds.com**

**Meets:** Thursdays at 2:30 p.m. for 12 weeks in the Radiation Oncology conference room.

**Purpose:** To provide information and support to cancer patients and their loved ones. Each session covers a different topic, including treatment, community resources, nutrition, and grief. All sessions are free, and refreshments are served.

**Contact:** Annette Nielsen at (801) 429-8066.

**I Can Cope****American Cancer Society****Utah Valley Regional Medical Center**

1034 N 500 W

Provo UT 84606

**Meets:** Wednesdays from 3:00 p.m. to 5:00 p.m. for four weeks in the cancer library.

**Purpose:** A series of education classes for those facing cancer and their families.

**Contact:** Vicki Doxey, RN, at (801) 357-4688 or  
Jeri Young, LCSW, at (801) 373-4137.

**ROOSEVELT****Cancer Group****American Cancer Society****Uintah Basin Medical Center**

250 W 300 N

Roosevelt UT 84066

**Meets:** Two times per year (usually in the spring and fall) on an as-needed basis. Call for more information.

**Purpose:** General cancer support group. Free.

**Contact:** Oriana Hosford with the American Cancer Society at (801) 373-5886 or toll-free (800) 227-2345 (national number).

**SALT LAKE CITY****Living Well with Cancer****Huntsman Cancer Institute**

University of Utah  
2000 Circle of Hope  
Salt Lake City UT 84112

**Meets:** Tuesdays from 3:00 p.m. to 4:30 p.m. in the fourth floor conference room.

**Purpose:** This is a person-to-person support group that tends to the emotional, mental, spiritual, and social well-being of cancer patients. Free.

**Contact:** Michele Dabrowski, LCSW, at (801) 585-0212.

**Parent Network****Cancer Wellness House**

59 S 1100 E  
Salt Lake City UT 84102

**Meets:** Monthly. Call to register.

**Purpose:** For parents and grandparents who are surviving cancer. This group discusses how to communicate with young children and teens about cancer. Topics include role changes, emotional and behavioral reactions of children and teens, and transitions into treatment remission and/or terminal care in the family. Facilitated by Child Life Specialists. Free.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294 ext. 11.

**Wellness Groups****Cancer Wellness House**

59 S 1100 E  
Salt Lake City UT 84102

**Meets:** Weekly. Please call for more information.

**Purpose:** Psychotherapeutic support led by licensed social workers for adults who have been diagnosed with cancer. Involves a 10-week commitment and pre-group interview. Excellent support from peers and facilitators in the beautiful, serene atmosphere of the Cancer Wellness House. Free.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294 ext. 11.

**ALL CANCERS, CONTINUED****SALT LAKE CITY, CONTINUED****Young Adult Network****Cancer Wellness House**

59 S 1100 E  
Salt Lake City UT 84102

**Meets:** Call for times and locations. Registration required.

**Purpose:** Monthly social activities for people between 18 and 30 whose lives have been affected by cancer. This network is designed to be a resource for participants to meet people who understand what it is like to have cancer, to express feelings, to solve problems, to find emotional support, and to learn about themselves. Free.

**Contact:** Cancer Wellness House Program Office at  
(801) 236-2294 ext. 11.

**SANPETE COUNTY****Cancer Support Group****American Cancer Society**

PO Box 650099  
Sterling UT 84665

**Meets:** As needed. Call for more information.

**Purpose:** General cancer support for people of Sanpete County. Free.

**Contact:** Dori with the American Cancer Society at (435) 835-6351 or toll-free (800) 227-2345 (national number).

**ST. GEORGE****Cancer Support Group****American Cancer Society****Dixie Regional Medical Center**

320 E 600 S  
St. George UT 84770

**Meets:** Mondays at noon. Call for more information.

**Purpose:** General cancer support group. Free.

**Contact:** American Cancer Society at (435) 688-4175 or toll-free (800) 227-2345 (national number).

## **Cancer Support Group**

### **Dixie Regional Medical Center**

320 E 600 S

St. George UT 84770

**Meets:** Third Wednesday of each month from 5:00 p.m. to 6:00 p.m.

**Purpose:** General cancer support group. Free.

**Contact:** John or Sheila at (435) 656-5136.

## **BRAIN TUMORS**

### **SALT LAKE CITY**

## **Brain Tumor Networking Group**

### **Cancer Wellness House**

59 S 1100 E

Salt Lake City UT 84102

**Meets:** Monthly. Call to register.

**Purpose:** Participate in a group to share experiences and have a chance to give and receive support with others who have a brain tumor. Free.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294 ext. 11.

## **BREAST CANCER**

### **STATEWIDE**

## **Reach to Recovery**

### **American Cancer Society**

**Meets:** Call to arrange a visit.

**Purpose:** Reach to Recovery visitors provide information and support for women with personal concerns about breast cancer. Reach to Recovery helps breast cancer patients meet the emotional, physical, and cosmetic needs related to their disease and its treatment. Free.

**Contact:** American Cancer Society (*see listing in Local Agencies/ Organizations section for chapter nearest you*) or call toll-free (800) 227-2345.

**BREAST CANCER, CONTINUED**

**LOGAN**

**Women's Cancer Support Group**

**Logan Regional Hospital**

500 E 1400 N

Logan UT 84341

**Meets:** Once a month. Call for more information.

**Purpose:** To offer support, information, and socialization for women in northern Utah who have been diagnosed with cancer. Free.

**Contact:** Linda Miller at (435) 752-9385, Lorna Wanlass at (435) 752-5806, or Sally Russell at (435) 792-3512.

**OGDEN**

**Breast Cancer Support Group**

**American Cancer Society**

**Ogden Regional Medical Center**

5475 S 500 E

Ogden UT 84405

**Meets:** Fourth Thursday of each month from 7:00 p.m. to 8:30 p.m. in the Aspen Room.

**Purpose:** To help women diagnosed with breast cancer meet their emotional, physical, and cosmetic needs related to the disease and its treatment. Free.

**Contact:** American Cancer Society at (801) 393-8657 or toll-free (800) 227-2345 (national number).

**PARK CITY**

**Image Reborn**

**Living Beyond Breast Cancer**

Saltz Plastic Surgery & Spa Vitoria

5445 Highland Dr

Salt Lake City UT 84117

**[www.imagerebornfoundation.org](http://www.imagerebornfoundation.org)**

**Meets:** Extended weekend and weeklong retreats located in the beautiful, peaceful mountain setting of Park City, Utah.

**Purpose:** To provide a healing environment in which women with breast cancer are encouraged to reclaim their sense of



personal power to strengthen them in their journey toward healing and living fully on all levels. The program includes professional group counseling, education, nutrition, yoga, journaling, guided imagery/meditation, art, sound, and music therapy, massage, light hikes/snowshoeing, rejuvenation, and relaxation time. Suggested donation of \$150, but no woman is denied due to financial constraints.

**Contact:** (801) 274-9500.

### **PAYSON**

#### **Cancer Support Group**

##### **Mountain View Hospital**

1000 E 100 N  
Payson UT 84651

**Meets:** Second Thursday of each month. Meeting site alternates between Mountain View Hospital and Timpanogos Regional Hospital. Call for more information.

**Purpose:** Primarily to help women diagnosed with cancer, but anyone is welcome to attend. Free.

**Contact:** Lana Hone at (801) 465-7000.

### **PRICE**

#### **Women's Cancer Support Group**

##### **American Cancer Society**

##### **Castleview Hospital**

300 N Hospital Dr  
Price UT 84501

**Meets:** Third Wednesday of each month at 7:00 p.m.

**Purpose:** To help women diagnosed with breast and other cancers. Free.

**Contact:** Dori with the American Cancer Society at (435) 835-6351 or toll-free (800) 227-2345 (national number).

## BREAST CANCER, CONTINUED

### PROVO

#### **Breast Cancer Support Group**

**American Cancer Society**  
**Utah Valley Family Practice Center**  
 1134 N 500 W  
 Provo UT 84606

**Meets:** Second Tuesday of each month at 7:00 p.m. in classroom 2.

**Purpose:** General support for breast cancer survivors. Free.

**Contact:** Sharon Hinckley with the American Cancer Society at (801) 373-5886 or toll-free (800) 227-2345 (national number).

### SALT LAKE CITY

#### **Breast Cancer Network**

**Cancer Wellness House**  
 59 S 1100 E  
 Salt Lake City UT 84102

**Meets:** Monthly. Call for dates and times.

**Purpose:** A psychoeducational meeting for women and men whose lives have been affected by breast cancer. Topics include what to expect during and after treatment, the impact of breast cancer on sexuality, being an active member of your medical team, communicating with your family, and more. Free.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294 ext. 11.

#### **Cottonwood Hospital Breast Cancer Support Group**

**Cottonwood Hospital**  
 5770 S 300 E  
 Murray UT 84107

**Meets:** Second Thursday of each month from 7:00 p.m. to 8:30 p.m. Call for location.

**Purpose:** This open-ended, ongoing group provides a supportive, caring environment for women coping with breast cancer. The group meets on a drop-in-basis once a month. Topics include self-esteem and body image, communication, sexuality, and coping with radiation and chemotherapy. Free.

**Contact:** Gail Hilton, LCSW, at (801) 535-8329.

## **Grupo De Apoyo Para Mujeres Hispanas Con Cáncer Al Seno**

### **Alliance Community Services**

347 E South Temple  
Salt Lake City UT 84111

**Reuniones:** Los segundos Martes de cada mes de 6:00 p.m. a 8:00 p.m. en el edificio del American Cancer Society (941 E 3300 S).

**Propósito:** El grupo de apoyo ofrece la oportunidad de compartir experiencias y aprender mecanismos para hacer frente a los problemas familiares, emocionales, financieros, actitudes culturales, sexualidad, e imagen personal.

**Contacto:** Sara Carbajal Salisbury en (801) 359-8922.

## **Hispanic Breast Cancer Support Group**

### **Alliance Community Services**

347 E South Temple  
Salt Lake City UT 84111

**Meets:** Second Tuesday of every month from 6:00 p.m. to 8:00 p.m. at the American Cancer Society (941 E 3300 S).

**Purpose:** A Spanish language support group for Hispanic women, which offers participants the opportunity to share their experiences and feelings associated with breast cancer. Women can communicate in a common language from the perspective of a common culture; they can also share and deal with issues important and unique for Hispanic women such as norms about sexuality, family coping mechanisms, and self-image.

**Contact:** Sara Carbajal Salisbury at (801) 359-8922.

## **Intermountain Health Care Breast Cancer Support Group**

### **IHC Memorial Clinic**

2000 S 900 E  
Salt Lake City UT 84105

**Meets:** Monthly. Please call for dates and times.

**Purpose:** This open-ended, ongoing group provides a supportive, caring environment for women coping with breast cancer. Topics include self-esteem and body image, communication, sexuality, and coping with radiation and chemotherapy. Free.

**Contact:** Gail C. Hilton, LCSW, at (801) 535-8329.

## BREAST CANCER, CONTINUED

*SALT LAKE CITY, CONTINUED***St. Mark's Hospital Breast Cancer Support Group****St. Mark's Hospital**

1200 E 3900 S

Salt Lake City UT 84124

**Meets:** Thursdays at 5:00 p.m. Call for meeting dates and to register.

**Purpose:** Eight-week closed support group designed to help women deal with their feelings and provide support, education, and current information regarding breast cancer. Free.

**Contact:** Carol Lee at (801) 268-7141.

**Staying Abreast Support Group****American Cancer Society**

941 E 3300 S

Salt Lake City UT 84106

**Meets:** Fourth Tuesday of each month at 7:00 p.m.

**Purpose:** To offer continuing support by providing speakers and topics of interest to those dealing with breast cancer. A forum to talk with other patients and survivors about concerns is included.

**Contact:** Sharon Folland with the American Cancer Society at (801) 969-4032, (801) 483-1500, or toll-free (800) 227-2345 (national number).

**Utah Breast Cancer Taskforce**

**Meets:** Call for dates and times.

**Purpose:** A group of caring Utahns interested in decreasing the burden of breast cancer by increasing awareness, education, and access to screening, treatment, and support for breast cancer. The members of the Breast Cancer Taskforce are united in an effort to enhance the quality of life for those diagnosed with breast cancer through emotional, physical, and financial support.

**Contact:** Health and Wellness Department at (801) 537-8600 or the Utah Cancer Control Program toll-free at (800) 717-1811.

**ST. GEORGE****Breast Cancer Support Group****Knight Education Center**

616 S 300 E

St. George UT 84770

**Meets:** First Friday of each month from 5:00 p.m. to 6:00 p.m.**Purpose:** A group designed to give support to women of Southern Utah who have been diagnosed with breast cancer. Loved ones are welcome to attend.**Contact:** Carol Mortenson at (435) 673-6078.**CHILDREN'S AND TEENS' CANCERS****SALT LAKE CITY****Camp Hobé**

PO Box 520755

Salt Lake City UT 84152-0755

**Meets:** Three camp sessions are available. Please call for dates and times.**Purpose:** Camp Hobé is a special summer camp experience for children with cancer and their siblings. Camp Hobé nurtures both body and soul, providing siblings and cancer patients with fun-filled activities in a medically supervised environment. The program is available to children at all stages of cancer treatment, from newly diagnosed to palliative care. Nominal registration fee of \$10 for day camp and \$25 for kids camp and teen camp; a limited number of fee waivers is available.**Contact:** Camp Hobé at (801) 631-2742.

**CHILDREN'S AND TEENS' CANCERS, CONT'D**

***SALT LAKE CITY, CONTINUED***

**C.R.E.W. (Courageous, Reassuring, Enthusiastic Winners) Teen Support Group**

***Sponsored by Huntsman Cancer Institute Center for Children and Primary Children's Medical Center***

***Meets:*** Once a month. Date and time vary. Please call for details.

***Purpose:*** This group offers compassion and support for teens who have been diagnosed with cancer. Teens who are in treatment and off treatment meet to have fun and connect with others who are in a similar situation. This group is run by a clinical social worker and a recreational therapist. Free.

***Contact:*** Cathy Haskins at (801) 588-3606.

**Kaleidoscope Kids**

**Community Nursing Services**

6949 High Tech Dr

Midvale UT 84047

**[www.cnsvna.org](http://www.cnsvna.org)**

***Purpose:*** This is a specialized children's program for chronically or terminally ill children and their families provided by Community Nursing Services. They provide in-home services from a team that includes nurses, a social worker, and a bereavement coordinator. They also have a volunteer component that includes respite, massage therapy, art, and music therapy.

***Contact:*** Chris Colosimo, RN, at (801) 233-6100.

## Kidshops

### **Rocky Mountain Candlelighters for Childhood Cancer**

PO Box 3536  
Salt Lake City UT 84110

**Meets:** Monthly. Call for meeting times and locations.

**Purpose:** A support group for children with cancer and their siblings. This group helps children cope with their diagnosis and treatment and provides peer support. Free.

**Contact:** Candlelighters at (801) 487-7844 ext. 22 or toll-free (888) 556-2737.

## Teen Rafting Trip

### **Rocky Mountain Candlelighters for Childhood Cancer**

PO Box 3536  
Salt Lake City UT 84110

**Meets:** In July. Call for details and dates.

**Purpose:** This five- to seven-day adventure provides teen cancer survivors with the opportunity to enjoy a carefree, fun, and exciting river trip. The trip is guided by SPLORE and chaperoned by Candlelighters volunteers who are medical doctors and nurses. Cost is \$75.

**Contact:** Candlelighters at (801) 487-7844 or toll-free (888) 556-2737.

## **FAMILY AND FRIENDS**

### **BOUNTIFUL**

## **Caregiver Support Group**

### **Lakeview Hospital**

630 E Medical Dr  
Bountiful UT 84010

**Meets:** Tuesdays at 2:00 p.m. in the Medical Building of the Adult Senior Clinic west of the hospital.

**Purpose:** A general support group for caregivers or those with loved ones in a care facility who are helping their loved one cope with their disease. Free.

**Contact:** Jean Weinberger at (801) 299-2302.

**FAMILY AND FRIENDS, CONTINUED**

**OGDEN**

**Caregiver Support Group**

**Rest Easy Adult Day Care**

1053 23rd St  
Ogden UT 84401

**Meets:** Second and fourth Wednesdays of each month at 7:00 p.m.

**Purpose:** This general support group for caregivers meets to hear guest speakers and participate in open discussion.

**Contact:** Laurel Luna at (801) 612-0872.

**SALT LAKE CITY**

**Caregiver Hotline and Services**

**Salt Lake County Aging Services**

2001 S State St Ste S1500  
Salt Lake City UT 84190-2300

**Hours:** Monday through Friday from 8:00 a.m. to 5:00 p.m.

**Purpose:** The Caregiver Hotline provides information and support for individuals who are caring for a loved one over age 60. The hotline provides information on available services and programs; offers advice, guidance, and instructions about caregiver options; conducts classes and support groups; and educates caregivers about the stress related to caregiving. Some people may qualify for brief funding help if they are caring for someone who is experiencing problems with two or more activities of daily living.

**Contact:** Caregiver Hotline at (801) 468-2460.

**Careproviders Support Group**

**Huntsman Cancer Institute**

University of Utah  
2000 Circle of Hope  
Salt Lake City UT 84112

**Meets:** Wednesdays from 3:00 p.m. to 4:30 p.m. in the third floor conference room (3 South).

**Purpose:** The Careproviders Support Group is an open-ended, person-to-person support group for individuals caring



for a loved one diagnosed with cancer. It offers support, education, and information with an emphasis on personal well-being. It also allows individuals to strengthen coping skills and talk with others about their experiences. Free.

**Contact:** Michele Dabrowski, LCSW, at (801) 585-0212.

## **Family, Friends, and Spouses Group**

### **Cancer Wellness House**

59 S 1100 E  
Salt Lake City UT 84102

**Meets:** Monthly. Call to register.

**Purpose:** Psychotherapeutic support for adults whose loved one is living with a cancer diagnosis. Topics addressed include symptom management, relaxation, stress management, common emotions, and practical tips for caregivers and friends. Facilitated by licensed social workers. Free.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294 ext. 11.

## **Parent Support Group**

### **Rocky Mountain Candlelighters for Childhood Cancer Primary Children's Medical Center**

100 N Medical Dr  
Salt Lake City UT 84113-1100

**Meets:** Tuesdays and Fridays from 2:00 p.m. to 3:00 p.m.

**Purpose:** This group offers compassion and support for parents who currently have a child with cancer. A Candlelighters parent support coordinator runs this program and offers crafts and snacks.

**Contact:** Candlelighters at (801) 487-7844 ext. 20, (801) 588-2871, or toll-free (888) 556-2737.

## GYNECOLOGIC CANCERS

### LOGAN

#### **Women's Cancer Support Group**

##### **Logan Regional Hospital**

500 E 1400 N

Logan UT 84341

**Meets:** Once a month. Call for more information.

**Purpose:** To offer support, information, and socialization for women in northern Utah who have been diagnosed with cancer. Free.

**Contact:** Linda Miller at (435) 752-9385, Lorna Wanlass at (435) 752-5806, or Sally Russell at (435) 792-3512.

### PAYSON

#### **Cancer Support Group**

##### **Mountain View Hospital**

1000 E 100 N

Payson UT 84651

**Meets:** Second Thursday of each month. Meeting site alternates between Mountain View Hospital and Timpanogos Regional Hospital. Call for more information.

**Purpose:** Primarily to help women diagnosed with cancer, but anyone is welcome to attend. Free.

**Contact:** Lana Hone at (801) 465-7000.

### PRICE

#### **Women's Cancer Support Group**

##### **American Cancer Society**

##### **Castleview Hospital**

300 N Hospital Dr

Price UT 84501

**Meets:** Third Wednesday of each month at 7:00 p.m.

**Purpose:** To help women diagnosed with breast and other cancers. Free.

**Contact:** Dori with the American Cancer Society at (435) 835-6351 or toll-free (800) 227-2345 (national number).

**SALT LAKE CITY**

**Woman to Woman Gynecological Cancer Group**

**Huntsman Cancer Institute**

University of Utah  
2000 Circle of Hope  
Salt Lake City UT 84112

**Meets:** First and third Wednesdays of each month from 4:00 p.m. to 5:30 p.m. in the fourth floor conference room.

**Purpose:** A psycho-educational support group for women dealing with gynecological disease.

**Contact:** Lynne Carlquist, LCSW, or Denise Gitlin, APRN, at (801) 587-9208.

**HEREDITARY CANCERS**

**SALT LAKE CITY**

**Hereditary Cancers Education Session**

**Huntsman Cancer Institute**

University of Utah  
2000 Circle of Hope  
Salt Lake City UT 84112

**Meets:** First Wednesday of each month at 5:30 p.m. in the first floor conference room.

**Purpose:** A free educational session for those concerned about a family history of cancer or those diagnosed with cancer who have questions about genetic testing. A physician and genetic counselor answer commonly asked questions and provide information on assessing cancer risk and preventing cancer in those at high risk.

**Contact:** Family Cancer Assessment Clinic at (801) 587-9555.

## LEUKEMIA, LYMPHOMA, AND MYELOMA

STATEWIDE**First Connections****The Leukemia & Lymphoma Society**

Utah Chapter  
180 S 300 W Ste 260  
Salt Lake City UT 84101

**Meets:** Telephone visitation. Call to arrange.

**Purpose:** A patient-to-patient telephone visitation program that uses a large national database to link patients and family members with a trained volunteer of similar age, life situation, and diagnosis. The volunteer calls one or two times to provide support and encouragement. Free. An Internet chat line is also available at [www.lls.org](http://www.lls.org).

**Contact:** Patient Services at (801) 519-6600 ext. 15 or toll-free (877) 243-8908.

**Support Groups****The Leukemia & Lymphoma Society**

Utah Chapter  
180 S 300 W Ste 260  
Salt Lake City UT 84101

**Meets:** Call for more information.

**Purpose:** A group open to any patient, family member, or friend who has been affected by a diagnosis of leukemia, lymphoma, or myeloma. Free.

**Contact:** Patient Services at (801) 519-6600 ext. 15 or toll-free (877) 243-8908.

**SALT LAKE CITY**

**Cancer: Keys to Survivorship**

***Sponsored by The Leukemia & Lymphoma Society  
and Huntsman Cancer Institute***

**Cancer Wellness House**

59 S 1100 E  
Salt Lake City UT 84102

**Meets:** Second Tuesday of each month. Registration required.  
Call for details.

**Purpose:** This support group for patients with leukemia, lymphoma, and myeloma and their loved ones provides information on a variety of topics and allows participants to provide support and understanding to each other. It is facilitated by social workers Lynne Carlquist, LCSW, and Ginny Quinn, LCSW, from Huntsman Cancer Institute and University of Utah Hospital. Free.

**Contact:** Patient Services at (801) 519-6600 ext. 15 or toll-free (877) 243-8908.

**MELANOMA**

**SALT LAKE CITY**

**Melanoma Network**

**Cancer Wellness House**

59 S 1100 E  
Salt Lake City UT 84102

**Meets:** Second Tuesday of each month from 5:30 to 6:30 p.m.

**Purpose:** An education/support network addressing the needs and issues of individuals with melanoma and other skin cancers. Family members and friends are welcome and encouraged to attend. Registration required.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294.

**PARENT OR SIBLING WITH CANCER**

***SALT LAKE CITY***

**Camp Hobé**

PO Box 520755

Salt Lake City UT 84152-0755

**Meets:** Three camp sessions are available. Please call for dates and times.

**Purpose:** Camp Hobé is a special summer camp experience for children with cancer and their siblings. Camp Hobé nurtures both body and soul, providing siblings and cancer patients with fun-filled activities in a medically supervised environment. The program is available to children at all stages of cancer treatment, from newly diagnosed to palliative care. Nominal registration fee of \$10 for day camp and \$25 for kids camp and teen camp; a limited number of fee waivers is available.

**Contact:** Camp Hobé at (801) 631-2742.

**Kids Club**

**Cancer Wellness House**

59 S 1100 E

Salt Lake City UT 84102

**Meets:** Weekly for 10 weeks. Pre-registration required.

**Purpose:** Designed for children who have a loved one diagnosed with cancer, these groups allow children ages 5-12 to share their experiences, to provide support, and to explore their feelings with others whose young lives have been affected by cancer. All groups are facilitated by licensed social workers. Parent orientation workshop included. Free.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294 ext. 11.

## **Kidshops**

### **Rocky Mountain Candlelighters for Childhood Cancer**

PO Box 3536  
Salt Lake City UT 84110

**Meets:** Monthly. Call for meeting times and locations.

**Purpose:** A support group for children with cancer and their siblings. This group helps children cope with their diagnosis and treatment and provides peer support. Free.

**Contact:** Candlelighters at (801) 487-7844 ext. 22 or toll-free (888) 556-2737.

## **Support Group for Children Whose Lives are Touched by a Loved One with Cancer**

### **Huntsman Cancer Institute**

University of Utah  
2000 Circle of Hope  
Salt Lake City UT 84112

**Meets:** In the fourth floor conference room. A pre-interview is required. Please call for more information.

**Purpose:** Designed for children ages 6-12, this group focuses on strengthening coping skills, providing an opportunity for children to talk about feelings and experiences, and offering support and counseling. Includes educational session, craft activities, and snacks. Free.

**Contact:** Michele Dabrowski, LCSW, at (801) 585-0212.

## PROSTATE CANCER

### PRICE

#### **Man to Man**

**American Cancer Society  
Castleview Hospital**

300 N Hospital Dr  
Price UT 84501

**Meets:** Call for more information.

**Purpose:** To educate and support men facing prostate cancer by providing them with an opportunity to talk openly with each other and with health-care professionals about their disease and related concerns. The program also offers personal visits, telephone support, and a newsletter. Free.

**Contact:** Dori with the American Cancer Society at (435) 835-6351 or toll-free (800) 227-2345 (national number).

### PROVO

#### **Man to Man**

**American Cancer Society  
Utah Valley Family Practice Center**

1134 N 500 W  
Provo UT 84606

**Meets:** Third Tuesday of each month at 7:00 p.m.

**Purpose:** To educate and support men facing prostate cancer by providing them with an opportunity to talk openly with each other and with health-care professionals about their disease and related concerns. The program also offers personal visits, telephone support, and a newsletter. Free.

**Contact:** Sharon Hinckley with the American Cancer Society at (801) 373-5886 or toll-free (800) 227-2345 (national number).



**SALT LAKE CITY**

**Man to Man**

**American Cancer Society**

941 E 3300 S

Salt Lake City UT 84106

**Meets:** First Wednesday of each month at 7:00 p.m. Call to register.

**Purpose:** To educate and support men facing prostate cancer by providing them with an opportunity to talk openly with each other and with health-care professionals about their disease and related concerns. The program offers telephone support, monthly newsletters, and a workplace educational speaker. Partners are invited. Free.

**Contact:** American Cancer Society at (801) 483-1500 or toll-free (800) 227-2345 (national number).

**ST. GEORGE**

**Man to Man**

**American Cancer Society**

567 S Valley View Dr #204

St. George UT 84770

**Meets:** Third Wednesday of each month.

**Purpose:** To educate and support men facing prostate cancer by providing them with an opportunity to talk openly with each other and with health-care professionals about their disease and related concerns. The program also offers personal visits, telephone support, and a newsletter. Free.

**Contact:** American Cancer Society (435) 674-9707 or toll-free (800) 227-2345 (national number).

## WELLNESS AND SYMPTOM MANAGEMENT

SALT LAKE CITY**Facial Prosthetics/Anaplastology****Huntsman Cancer Institute**

University of Utah  
2000 Circle of Hope  
Salt Lake City UT 84112

**Purpose:** Anaplastologists restore noses, eyes, ears, or entire sections of the face. They use their knowledge of art, science, and anatomy to make a natural-looking facial epithesis to replace the missing anatomy. *Note: There is a fee for this service.*

**Contact:** Gillian Duncan or Paul Tanner at (801) 585-0140.

**Massage****Cancer Wellness House**

59 S 1100 E  
Salt Lake City UT 84102

**Meets:** Mondays from 6:00 p.m. to 8:00 p.m.

**Purpose:** Cancer survivors and their caregivers are invited to find relaxation and enjoyment in a 30-minute chair or bed massage. Therapists have been trained in oncology massage.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294.

**Symptom Management & Side Effects Workshop*****Sponsored by Orthobiotech*****Cancer Wellness House**

59 S 1100 E  
Salt Lake City UT 84102

**Meets:** Please call for details.

**Purpose:** This one-hour workshop provides information on managing the side effects of cancer treatment. Oncology professionals run the workshops, and a question and answer session follows the presentation. Caregivers and are encouraged to attend along with cancer survivors. Registration required.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294.

## **Yoga**

### **Cancer Wellness House**

59 S 1100 E

Salt Lake City UT 84102

**Meets:** Mondays from 5:15 p.m. to 6:15 p.m. Some morning classes available. Please call for details.

**Purpose:** Learn to live well during the cancer experience. Stay active, meet with other survivors and family members, and feel better in body and spirit. Instructor adapts class for beginning through advanced participants.

**Contact:** Cancer Wellness House Program Office at (801) 236-2294.

**ALL CANCERS**

**American Cancer Society (ACS)**

**National Office**

1599 Clifton Rd  
Atlanta GA 30329  
Toll-free: (800) 227-2345  
**www.cancer.org**

The American Cancer Society is a nationwide, community-based voluntary health organization dedicated to preventing cancer, saving lives from cancer, and diminishing the suffering from cancer through research, advocacy, education, and service. They provide a free, 24-hour cancer information line, and their website contains cancer information, as well as an online support community. Local chapters run quality of life support programs such as "I Can Cope," "Man to Man," "Reach to Recovery," and "Look Good...Feel Better." Services in Spanish are available.

**Association of Cancer Online Resources (ACOR)**

173 Duane St Ste 3A  
New York NY 10013  
(212) 226-5525  
**www.acor.org**

ACOR provides free online cancer resources for patients and their friends and families. Their website hosts a large collection of on-line support groups and mailing lists.

**Cancer Care, Inc.**

275 Seventh Ave  
New York NY 10001  
Toll-free: (800) 813-HOPE (4673)  
**www.cancercare.org**

Cancer Care is a national organization that helps people with cancer and their families. They provide individual and group counseling nationwide via a toll-free phone line. They also sponsor educational programs, support groups, and teleconferences. Services in Spanish are available.

## **Cancer Hope Network**

2 North Rd  
Chester NJ 07930  
Toll-free: (877) HOPENET (467-3638)  
**[www.cancerhopenetnetwork.org](http://www.cancerhopenetnetwork.org)**

The Cancer Hope Network provides free, confidential, one-on-one support to people with cancer and their families. They match patients with trained volunteers who have themselves undergone a similar experience.

## **National Cancer Institute (NCI)**

### **NCI Public Inquiries Office**

Ste 3036A  
6116 Executive Blvd MSC 8322  
Bethesda MD 20892-8322  
TTY: (800) 332-8615  
Toll-free: (800) 4-CANCER (422-6237)  
**[www.cancer.gov](http://www.cancer.gov)**

### **Regional CIS Office**

Rocky Mountain Region  
3204 N Academy Blvd Ste 100  
Colorado Springs CO 80917

NCI, part of the National Institutes of Health, coordinates a national research program on cancer causes, prevention, detection, diagnosis, treatment, rehabilitation, and control. NCI offers Physicians Data Query (PDQ), an up-to-date, computerized listing of cancer information and clinical trials, education pamphlets, and materials via the Web, and the Cancer Information Service (CIS). Through the CIS toll-free telephone service and LiveHelp service on the NCI website, callers connect with knowledgeable, caring staff who are experienced at explaining cancer related information. Services available in Spanish.

## **National Center for Complementary and Alternative Medicine (NCCAM)**

### **NCCAM Clearinghouse**

PO Box 7923  
Gaithersburg MD 20898  
Toll-free: (888) 644-6226  
**<http://nccam.nih.gov>**

NCCAM provides information to the public on complementary and alternative medicine. They have a toll-free telephone service, information packets, fact sheets, and newsletters. They do not provide referrals or advice on specific therapies. Information is available in Spanish.

## ALL CANCERS, CONTINUED

**National Coalition for Cancer Survivorship (NCCS)**

1010 Wayne Avenue Ste 770  
Silver Spring MD 20910  
Toll-free: (877) NCCS-YES (622-7937)  
**[www.canceradvocacy.org](http://www.canceradvocacy.org)**

NCCS is a survivor-led advocacy organization that provides education and support to cancer survivors and their caregivers. Among other programs, they offer a free audio presentation, *The Cancer Survivor Toolbox*, and an online cancer resource guide.

**National Comprehensive Cancer Network (NCCN)**

500 Old York Rd Ste 250  
Jenkintown PA 19046  
Toll-free: (888) 909-NCCN (6226)  
**[www.nccn.org](http://www.nccn.org)**

NCCN is an alliance of cancer centers from around the world. They offer the recognized standard guidelines for oncology care. They also provide an information service to help patients find resources at their member institutions.

**Wellness Community**

919 18th St NW Ste 54  
Washington DC 20006  
Toll-free: (888) 793-WELL (9355)  
**[www.wellness-community.org](http://www.wellness-community.org)**

The Wellness Community offers support and education to individuals battling cancer. Services in Spanish are available.

## BLADDER CANCER

### Bladder Cancer Webcafe

[www.blcwebcafe.org](http://www.blcwebcafe.org)

This website provides information and resources for patients with bladder cancer, including information about treatment, ostomies, and clinical trials. This site also gives the option of e-mailing a nurse with questions about bladder cancer.

## BONE MARROW TRANSPLANT

### National Bone Marrow Transplant Link (nbmtLink)

20411 W 12 Mile Rd Ste 108

Southfield MI 48076

Toll-free: (800) LINK-BMT (546-5268)

[www.nbmtlink.org](http://www.nbmtlink.org)

nbmtLink provides information, patient advocacy, referrals, and a resource guide on bone marrow transplant.

### National Marrow Donor Program (NMDP)

3001 Broadway St NE Ste 500

Minneapolis MN 55413-1753

Toll-free: (800) MARROW-2 (627-7692)

[www.marrow.org](http://www.marrow.org)

NMDP compiles a registry of bone marrow donors, provides information on marrow donation and transplants, offers patient advocacy, and organizes recruitment drives for donors. Information is available in Spanish and other languages.

## **BRAIN TUMORS**

### **American Brain Tumor Association (ABTA)**

2720 River Rd  
Des Plaines IL 60018  
Toll-free: (800) 886-2282  
**[www.abta.org](http://www.abta.org)**

ABTA is a national organization dedicated to helping individuals with brain tumors. They offer a list of support groups, a pen pal program, a newsletter, and information on treatment facilities. Some information is available in Spanish.

### **The Brain Tumor Society**

124 Watertown St Ste 3-H  
Watertown MA 02472  
Toll-free: (800) 770-TBTS (8287)  
**[www.tbts.org](http://www.tbts.org)**

The Brain Tumor Society provides support and education to brain tumor patients and their families. They also fund research projects and are committed to finding a cure. Some information is available in Spanish.

### **National Brain Tumor Foundation (NBTF)**

414 Thirteenth St Ste 700  
Oakland CA 94612  
Toll-free: (800) 934-CURE (2873)  
**[www.braintumor.org](http://www.braintumor.org)**

NBTF provides information, support, and counseling for brain tumor patients and their families. They provide a newsletter, a patient-to-patient e-mail support network, a free resource guide, and a list of support groups. Some information is available in Spanish.



**Breastcancer.org**

111 Forrest Ave 1R  
Narberth PA 19072

**[www.breastcancer.org](http://www.breastcancer.org)**

Breastcancer.org is a nonprofit organization that provides breast cancer education through their website and education materials. Their website has information on all aspects of breast cancer including prevention, treatment, recovery, and research news. Free education booklets are also available.

**Inflammatory Breast Cancer Research Foundation**

Toll-free: (877) STOP-IBC (786-7422)

**[www.ibcresearch.org](http://www.ibcresearch.org)**

The Inflammatory Breast Cancer Research Foundation provides information and support to women diagnosed with, or concerned about, inflammatory breast cancer. Their website and toll-free hotline provide information about the treatment of the disease, as well as information about new research and clinical trials.

**National Alliance of Breast Cancer Organizations (NABCO)**

9 E 37th St 10th Floor  
New York NY 10016

Toll-free: (888) 806-2226

**[www.nabco.org](http://www.nabco.org)**

NABCO is an alliance of breast cancer-concerned organizations. They offer a breast cancer resource list, a quarterly newsletter, and a listing of support groups.

**National Breast Cancer Coalition (NBCC)**

1101 17th St NW Ste 1300  
Washington DC 20036

Toll-free: (800) 622-2838

**[www.natlbcc.org](http://www.natlbcc.org)**

NBCC is an advocacy group whose mission is to eradicate breast cancer through action and advocacy. They focus on research, increasing the influence of breast cancer advocates, and creating access to the best care, treatment, and clinical trials for all women with breast cancer.

**BREAST CANCER, CONTINUED**

**The Susan G. Komen Breast Cancer Foundation**

5005 LBJ Freeway Ste 250

Dallas TX 75244

Toll-free: (800) I'M-AWARE (462-9273)

**[www.komen.org](http://www.komen.org)**

The mission of the Susan G. Komen Breast Cancer Foundation is to eradicate breast cancer as a life-threatening disease by advancing research, education, screening, and treatment. They offer a toll-free helpline staffed by trained volunteers and raise funds for breast cancer research and education through annual Race For The Cure events in communities across the United States. Services available in Spanish.

**Y-ME National Breast Cancer Organization (Y-ME)**

212 W Van Buren St Ste 500

Chicago IL 60607

Toll-free: (800) 221-2141

En Español: (800) 986-9505

**[www.y-me.org](http://www.y-me.org)**

Y-ME provides support to individuals concerned about or diagnosed with breast cancer. They offer 24-hour, toll-free hotlines in English and Spanish staffed by volunteers and counselors who have had breast cancer (male callers can request a male counselor), listings of support groups, publications, a newsletter, and various other resources. Services in Spanish and several other languages are available.

**Young Survival Coalition (YSC)**

155 6th Ave 10th Floor

New York NY 10013

(212) 206-6610

**[www.youngsurvival.org](http://www.youngsurvival.org)**

YSC is an international, nonprofit network of breast cancer survivors and supporters dedicated to the concerns and issues that are unique to young women with breast cancer. They provide information and advocacy and sponsor a yearly conference.

## **Candlelighters Childhood Cancer Foundation (CCCCF)**

PO Box 498  
Kensington MD 20895  
Toll-free: (800) 366-2223  
**[www.candlelighters.org](http://www.candlelighters.org)**

CCCCF offers support to children with cancer and their families by offering support groups, newsletters, publications, a long-term survivor's network, bereavement counseling, advocacy, and programs to help with insurance concerns. Call to find a chapter in your area.

## **Children's Brain Tumor Foundation (CBTF)**

274 Madison Ave Ste 1301  
New York NY 10016  
Toll-free: (866) 228-HOPE (4673)  
**[www.cbtf.org](http://www.cbtf.org)**

CBTF funds basic research on pediatric brain tumors. They offer a parent-to-parent support network, telephone support groups, a newsletter, and a toll-free patient support line.

## **National Children's Cancer Society**

1015 Locust St Ste 600  
St. Louis MO 63101  
Toll-free: (800) 532-6459  
**[www.children-cancer.com](http://www.children-cancer.com)**

The National Children's Cancer Society pays for children's treatments that would be denied due to lack of funding. Medical procedures covered include bone marrow transplants, donor searches and harvests, pharmaceuticals, medical supplies, and other cancer treatment procedures. The society also provides assistance with food, lodging, travel, and help with health insurance premiums when a family's income has been affected by cancer.

## CHILDREN'S AND TEENS' CANCERS, CONT'D

**Teens Living With Cancer****Melissa's Living Legacy Foundation**

245 Citation Dr

Henrietta NY 14467

[www.teenslivingwithcancer.org](http://www.teenslivingwithcancer.org)

This site is designed for teenagers with cancer, providing information on cancer and help with coping for patients and their families. This site also has an on-line peer support group and message boards.

## CLINICAL TRIALS

Clinical trials are research studies designed to test new methods or interventions that may improve the screening, prevention, or treatment of cancer. Clinical trials must follow strict guidelines in recruiting and treating patients. Not all new therapies will prove to be better than, or as good as, standard therapies, so it is important for you to weigh the pros and cons of participating in a trial with your health-care providers. Clinical trials may be taking place at your treatment facility or at a facility elsewhere in the country. Ask your health-care provider if your treatment facility is conducting clinical trials and if there is a clinical trials office or contact person who could provide you with more information.

Resources for locating clinical trials are listed below. The Huntsman Cancer Information Service and Huntsman Cancer Learning Center can also provide callers and visitors with help in searching for clinical trials. For assistance, please call the Huntsman Cancer Information Service at (801) 581-6365, toll-free (888) 424-2100, or visit the Huntsman Cancer Learning Center.

*Please note that no comprehensive listing of clinical trials exists that shows every trial at every cancer facility in the country. You may be able to locate additional clinical trials by contacting individual cancer centers.*

## **Coalition of National Cancer Cooperative Groups, Inc.**

1818 Market St #1100  
Philadelphia PA 19103  
Toll-free: (877) 520-4457  
**[www.cancertrialshelp.org](http://www.cancertrialshelp.org)**

The Coalition of National Cancer Cooperative Groups, Inc. is a network of cancer clinical trials specialists from across the country. They provide information about clinical trials, a newsletter, and a search tool that allows patients and families to search for clinical trials.

## **National Cancer Institute Physician's Data Query (PDQ) Clinical Trials Listing**

TTY: (800) 332-8615  
Toll-free: (800) 4-CANCER (422-6237)  
**[www.cancer.gov/clinicaltrials](http://www.cancer.gov/clinicaltrials)**

The NCI PDQ search feature allows users to search for clinical trials supported by the National Cancer Institute, the U.S. government agency that supports and conducts research on cancer. NCI also provides education information and pamphlets on clinical trials and links users to research results and journal articles that provide information on the results of clinical trials.

## **COLON AND RECTAL CANCER**

### **Colon Cancer Alliance, Inc.**

175 Ninth Ave  
New York NY 10011  
Toll-free: (877) 422-2030  
**[www.ccalliance.org](http://www.ccalliance.org)**

The Colon Cancer Alliance is a national patient advocacy organization serving colon and rectal cancer survivors, caregivers, people with a genetic predisposition to the disease, and other individuals touched by colorectal cancer. The Alliance offers various educational booklets, fact sheets, and newsletters, as well as a buddy network.

**GYNECOLOGIC CANCER****EyesOnThePrize.org**

**[www.eyesontheprize.org](http://www.eyesontheprize.org)**

EyesOnThePrize.org provides information and emotional support to women with gynecologic cancers, their families and friends, and health-care providers. Their website contains information about gynecological cancers and functions as an online support group in which women with reproductive cancer can learn from the experiences of others and express their own feelings and concerns.

**National Cervical Cancer Coalition (NCCC)**

16501 Sherman Way Ste 110

Van Nuys CA 91406

Toll-free: (800) 685-5531

**[www.nccc-online.org](http://www.nccc-online.org)**

NCCC provides information on cervical cancer prevention, screening, and treatment. They host phone pals and e-pals support programs, print newsletters, and sponsor conferences and educational sessions.

**National Ovarian Cancer Coalition (NOCC)**

500 NE Spanish River Blvd Ste 8

Boca Raton FL 33431

Toll-free: (888) OVARIAN (682-7426)

**[www.ovarian.org](http://www.ovarian.org)**

NOCC is dedicated to raising the awareness of issues relating to ovarian cancer. They offer a toll-free telephone service and promote patient advocacy, support, and education.

**Women's Cancer Network (WCN)**

**c/o Gynecologic Cancer Foundation**

230 W Monroe Ste 2528

Chicago IL 60606

Toll-free: (800) 444-4441

**[www.wcn.org](http://www.wcn.org)**

WCN provides information about gynecologic cancers to women and their loved ones. The organization offers information on treatment options and clinical trials and makes referrals to cancer specialists.

## KIDNEY CANCER

### **American Kidney Fund (AKF)**

6110 Executive Blvd Ste 1010

Rockville MD 20852

Toll-free: (800) 638-8299

**[www.akfinc.org](http://www.akfinc.org)**

The American Kidney Fund is a voluntary health organization serving people with, and at risk for, kidney disease through direct financial assistance, comprehensive education, clinical research, and community service programs.

### **Kidney Cancer Association (KCA)**

1234 Sherman Ave Ste 203

Evanston IL 60202-1375

Toll-free: (800) 850-9132

**[www.kidneycancerassociation.org](http://www.kidneycancerassociation.org)**

KCA provides information to professionals, patients, and the public about kidney cancer. They offer a free newsletter, patient advocacy, information on clinical trials, and various educational publications.

## LEUKEMIA, LYMPHOMA, AND MYELOMA

### **International Myeloma Foundation (IMF)**

12650 Riverside Dr Ste 206

North Hollywood CA 91607

Toll-free: (800) 452-2873

**[www.myeloma.org](http://www.myeloma.org)**

IMF provides up-to-date information on the treatment and management of multiple myeloma. They offer a toll-free telephone hotline, a free information packet, patient and family seminars, clinical conferences, and a quarterly newsletter.

**LEUKEMIA, LYMPHOMA..., CONTINUED**

**The Leukemia & Lymphoma Society (The LLS)**

1311 Mamaroneck Ave

White Plains NY 10605

Toll-free: (800) 955-4572

**[www.lls.org](http://www.lls.org)**

The Leukemia & Lymphoma Society is dedicated to improving the quality of life for patients and families faced with leukemia, lymphoma, and myeloma. They offer support groups, information, education, a toll-free phone service, financial assistance, professional education, and other services. Call to find a chapter near you. Services and materials are available in Spanish.

**Lymphoma Research Foundation**

**New York Office**

111 Broadway 19th Floor

New York NY 10006

Toll-free: (800) 235-6848

**[www.lymphoma.org](http://www.lymphoma.org)**

**Los Angeles Office**

8800 Venice Blvd Ste 207

Los Angeles CA 90034

Toll-free: (800) 500-9976

LRF is a nonprofit organization that provides funding for lymphoma research and offers support and education for patients and families. They have a patient-to-patient support program, a newsletter, a patient aid grant program, and a clinical trials information service.

**Multiple Myeloma Research Foundation (MMRF)**

51 Locust Avenue Ste 201

New Canaan CT 06840

(202) 972-1250

**[www.multiplemyeloma.org](http://www.multiplemyeloma.org)**

MMRF funds research and offers services and information on the treatment and management of multiple myeloma.



## LUNG CANCER

### **Alliance for Lung Cancer Advocacy, Support, and Education (ALCASE)**

500 W 8th St Ste 240  
Vancouver WA 98660  
Toll-free: (800) 298-2436  
**www.alcase.org**

ALCASE provides advocacy, support, and education for people with lung cancer and their families. They offer a toll-free telephone service, a quarterly newsletter, a person-to-person telephone support service, and a lung cancer guidebook.

### **Lung Cancer Online Foundation (LCOF)**

**www.lungcanceronline.org**

The mission of LCOF is to improve the quality of care and quality of life for people with lung cancer by funding lung cancer research and providing information to patients and families via their website. The website is a comprehensive, annotated directory to Internet information and resources for patients and families.

## MELANOMA

### **American Academy of Dermatology (AAD)**

PO Box 4014  
Schaumburg IL 60168-4014  
(847) 330-0230  
**www.aad.org**

The AAD is a national organization for dermatologists that provides information and resources about skin cancer and other non-cancerous skin conditions to both medical providers and the public. Their website provides information and news about the prevention and treatment of skin cancer, as well as resources for locating dermatologists and skin cancer screenings in your area.

## MELANOMA, CONTINUED

### **The Melanoma Research Foundation (MRF)**

24 Old Georgetown Rd  
Princeton NJ 08540  
Toll-free: (800) 673-1290

**[www.melanoma.org](http://www.melanoma.org)**

MRF is a nonprofit organization dedicated to finding a cure for melanoma. Through contributions and donations, the MRF funds grants to top melanoma researchers. They sponsor patient symposiums in various cities to discuss the latest research in melanoma and offer a newsletter.

## MESOTHELIOMA

### **Mesothelioma Applied Research Foundation, Inc. (MARF)**

1609 Garden St  
Santa Barbara CA 93101  
(805) 560-8942

**[www.marf.org](http://www.marf.org)**

MARF is dedicated to finding a cure for mesothelioma. They fund mesothelioma research and provide education and advocacy for mesothelioma patients and their families.

## ORAL, HEAD, AND NECK CANCER

### **Let's Face It**

PO Box 29972  
Bellingham WA 98228-1972  
(360) 676-7325

**[www.faceit.org](http://www.faceit.org)**

Let's Face It offers support and resources for people with facial disfigurements, as well as for their families and health professionals. They provide networking services, books, articles, and a resource guide.

## **Oral Cancer Foundation**

3419 Via Lido # 205  
Newport Beach CA 92663  
(949) 646-8000

**[www.oralcancerfoundation.org](http://www.oralcancerfoundation.org)**

The Oral Cancer Foundation is a national public service designed to reduce suffering and save lives through prevention, education, research, advocacy, and support. Their website provides information about oral cancer risk factors, treatments, research, and current news. They also have a patient/survivor forum and a comprehensive resource list.

## **Support for People with Oral and Head and Neck Cancer (SPOHNC)**

PO Box 53  
Locust Valley NY 11560-0053  
Toll-free: (800) 377-0928

**[www.spohnc.org](http://www.spohnc.org)**

SPOHNC is a patient-run support organization for individuals who have been diagnosed with oral, head, or neck cancer. They offer a survivor-to-survivor network, a newsletter, information, and educational materials.

## **The Yul Brynner Head and Neck Foundation, Inc.**

PO Box 250550  
Charleston SC 29425  
(843) 792-6624

**[www.headandneck.org](http://www.headandneck.org)**

This organization provides information on head and neck cancer for patients and their families, organizes support groups, and sponsors "Head and Neck Cancer Awareness Week."

**PANCREATIC CANCER**

**Pancreatic Cancer Action Network (PanCAN)**

2221 Rosecrans Ave Ste 131  
El Segundo CA 90245  
Toll-free: (877) 2-PANCAN (272-6226)

**[www.pancan.org](http://www.pancan.org)**

PanCAN's goal is to focus national attention on the need for more research and effective treatments for pancreatic cancer. They provide newsletters, a free packet of information, a toll-free telephone hotline, a patient-to-patient network, and regional advocacy groups called Team Hope.

**Pancreatica.org**

5 Harris Ct Bldg N Ste 3  
Monterey CA 93940  
(831) 658-0600

**[www.pancreatica.org](http://www.pancreatica.org)**

Pancreatica.org is a website designed to provide patients and families with the latest information on pancreatic cancer. Their website answers frequently asked questions, contains a clinical trials database, and provides users with news articles and research abstracts.

## **American Foundation for Urologic Disease (AFUD)**

1000 Corporate Blvd Ste 410

Linthicum MD 21090

Toll-free: (800) 828-7866

**[www.afud.org](http://www.afud.org)**

AFUD provides support and information for men with prostate cancer and their families via a toll-free information line and educational materials. They also have information on other urologic disorders.

## **National Prostate Cancer Coalition (NPCC)**

1154 15th St NW

Washington DC 20005

Toll-free: (888) 245-9455

**[www.pcacoalition.org](http://www.pcacoalition.org)**

NPCC offers information to prostate cancer patients and their loved ones. They also provide information and resources for community cancer advocates and support groups, and publish weekly on-line newsletters.

## **Prostate Cancer Foundation**

1250 4th St

Santa Monica CA 90401

Toll-free: (800) 757-CURE (2873)

**[www.prostatecancerfoundation.org](http://www.prostatecancerfoundation.org)**

The Prostate Cancer Foundation is a non-profit charity dedicated to funding prostate cancer research. They provide prostate cancer information and sponsor national events, advocacy, and fundraising.

## **US TOO! International, Inc.**

5003 Fairview Ave

Downers Grove IL 60515

Toll-free: (800) 80-US TOO (808-7866)

**[www.ustoo.com](http://www.ustoo.com)**

US TOO! is a network of support groups for men with prostate cancer and their families. US TOO! groups provide fellowship, peer counseling, and education about treatment options.

## RARE CANCERS

### **National Organization for Rare Disorders, Inc. (NORD)**

PO Box 1968  
55 Kenosia Ave  
Danbury CT 06813-1968  
TDD: (203) 797-9590  
Toll-free: (800) 999-6673  
**[www.rarediseases.org](http://www.rarediseases.org)**

NORD is an organization that offers support and information to people with rare diseases. They offer a patient networking program, a database of information on rare diseases, a newsletter, and a medication assistance program.

### **Office of Rare Diseases—National Institutes of Health The Genetic and Rare Diseases Information Center**

PO Box 8126  
Gaithersburg MD 20898-8126  
Toll-free: (888) 205-2311  
**Email: [gardinfo@nih.gov](mailto:gardinfo@nih.gov)**  
**<http://rarediseases.info.nih.gov>**

The Office of Rare Diseases provides information on rare diseases as well as information on current research findings, clinical trials, and patient support groups.

## SARCOMA

### **Sarcoma Alliance**

775 E Blithedale #334  
Mill Valley CA 94941  
(415) 381-7236  
**Email: [info@sarcomaalliance.org](mailto:info@sarcomaalliance.org)**  
**[www.sarcomaalliance.org](http://www.sarcomaalliance.org)**

The Sarcoma Alliance provides guidance, education, and support for individuals with sarcoma and their loved ones.

**SKIN CANCER****American Academy of Dermatology (AAD)**

PO Box 4014  
Schaumburg IL 60168-4014  
(847) 330-0230  
[www.aad.org](http://www.aad.org)

The AAD is a national organization for dermatologists that provides information and resources to both medical providers and the public about skin cancer and other non-cancerous skin conditions. Their website provides information and news about the prevention and treatment of skin cancer, as well as resources for locating dermatologists and skin cancer screenings in your area.

**TESTICULAR CANCER****Testicular Cancer Resource Center**

<http://tcrc.acor.org>

The Testicular Cancer Resource Center is a website that provides information and support for those diagnosed with testicular cancer and the people who love them. Information is provided on all aspects of cancer including treatment, side effects, fertility, and survivorship. This site also hosts an e-mail support group.

**THYROID CANCER****Thyroid Cancer Survivors' Association, Inc. (ThyCa)**

PO Box 1545  
New York NY 10159-1545  
Toll-free: (877) 588-7904  
[www.thyca.org](http://www.thyca.org)

ThyCa provides support and education to individuals who have been diagnosed with thyroid cancer and their loved ones. They provide a network of services that links cancer survivors to health-care professionals, offer conferences and workshops for patients, and publish a newsletter.

### **American Pain Foundation**

201 N Charles St Ste 710  
Baltimore MD 21201-4111  
Toll-free: (888) 615-PAIN (7246)  
**[www.painfoundation.org](http://www.painfoundation.org)**

The American Pain Foundation is a nonprofit organization that serves those in pain through information, advocacy, and support. Their website contains information about pain and pain management, as well as personal stories of those coping with pain. They also publish a newsletter.

### **CancerSymptoms.org**

***A service of the Oncology Nursing Society***  
**[www.cancersymptoms.org](http://www.cancersymptoms.org)**

This website is designed for patients and caregivers to provide information on managing each of six common cancer treatment symptoms: fatigue, anorexia, pain, depression, neutropenia, and cognitive dysfunction.

### **Fertile Hope**

PO Box 624  
New York NY 10014  
Toll-free: (888) 994-HOPE (4673)  
**[www.fertilehope.org](http://www.fertilehope.org)**

Fertile Hope is a national nonprofit organization dedicated to providing reproductive information, support, and hope to cancer patients whose medical treatments present the risk of infertility. Their website provides information and answers questions about cancer and fertility, as well as referrals to centers and providers that address fertility issues. Free brochures are also available.



## **National Chronic Pain Outreach Association (NCPOA)**

PO Box 274  
Millboro VA 24460  
(540) 862-9437

**[www.chronicpain.org](http://www.chronicpain.org)**

The National Chronic Pain Outreach Association is an information and referral service for patients dealing with chronic pain. They offer educational materials, support groups, health professional referrals, and a newsletter.

## **National Lymphedema Network, Inc. (NLN)**

Latham Square  
1611 Telegraph Ave Ste 1111  
Oakland CA 94612-2138  
Toll-free: (800) 541-3259

**[www.lymphnet.org](http://www.lymphnet.org)**

NLN offers a toll-free recorded information line, a quarterly newsletter, yearly conferences, and referrals to lymphedema treatment centers, health-care providers, and support groups.

## **United Ostomy Association, Inc. (UOA)**

19772 MacArthur Blvd Ste 200  
Irvine CA 92612-2405  
Toll-free: (800) 826-0826

**[www.uoa.org](http://www.uoa.org)**

UOA provides support and information for individuals who have or will have an ostomy. They offer a toll-free telephone service, a quarterly newsletter, one-on-one counseling before and after surgery, on-line discussion groups, education materials, and national, regional, and statewide meetings. Call to find a chapter near you.

## **American Cancer Society Learning and Wellness Center**

941 E 3300 S  
Salt Lake City UT 84106  
(801) 483-1500  
Toll-free: (800) 227-2345

The American Cancer Society does not provide direct financial aid. However, volunteers with the American Cancer Society Learning and Wellness Center have compiled a comprehensive, free packet of local and national financial resources for patients and their families.

## **Children's Health Insurance Program (CHIP)**

### **Utah CHIP**

#### **Utah Department of Health**

PO Box 141000  
Salt Lake City UT 84114-1000  
Toll-free: (888) 222-2542

**[www.utahchip.org](http://www.utahchip.org)**

CHIP is a medical assistance program for children who do not have any other health insurance and who meet eligibility criteria.

## **Community Health Centers**

These centers provide quality care to individuals who have little or no insurance. Eligibility workers are available to help individuals and families obtain financial assistance. Discounted fees are based on household income and family size. For more locations, please call the Medicaid information line at (801) 538-6155 or toll-free at (800) 662-9651.

### **Carbon Medical Services**

PO Box 930  
305 Center St  
East Carbon UT 84520  
(435) 888-4411

### **Central City Community Health Ctr**

461 S 400 E  
Salt Lake City UT 84111  
(801) 539-8617

### **Copperview Community Health Ctr**

8446 S Harrison St  
Midvale UT 84047  
(801) 566-5494

### **Duchesne Valley Medical Clinic**

50 E 200 S  
Duchesne UT 84021  
(435) 738-2426

**Enterprise Valley Medical Ctr**

223 S 200 E  
Enterprise UT 84725  
(435) 878-2281

**Midtown Community Health Ctr**

670 28th St  
Ogden UT 84403  
(801) 393-5355

**Mountainlands Community Health Ctr**

215 W 100 N  
Provo UT 84601  
(801) 374-9660

**Stephen D. Radcliff Community Health Ctr**

1365 W 1000 N  
Salt Lake City UT 84116  
(801) 328-5750

**Wasatch Homeless Health**

404 S 400 W  
Salt Lake City UT 84101  
(801) 364-0058

**Dental Clinics**

**Central City** (801) 325-9538  
**Northwest Dental** (801) 328-5756  
**Oquirrh Dental** (801) 963-0914

**Green River Medical Clinic**

305 W Main St  
Green River UT 84525  
(435) 564-3434

**Montezuma Creek Health Ctr**

262 Montezuma Creek  
Montezuma Creek UT 84534  
(435) 651-3291

**Oquirrh View Community Health Ctr**

4745 S 3200 W  
Salt Lake City UT 84118  
(801) 964-6214

**Utah Farm Worker Health Clinic  
Clinicas de Buena Salud**

14 N 100 E #2  
Brigham City UT 84302  
(435) 723-8276

**Wayne County Community Health Ctr**

128 S 300 W  
Bicknell UT 84715  
(435) 425-3744

## **Covered At Work**

### **Utah Department of Health**

PO Box 144102

Salt Lake City UT 84114-4102

(801) 538-6689

Toll-free: (888) 222-2542

<http://health.utah.gov/pcn>

Covered at Work is a program of the Utah Department of Health that will help pay for private health insurance for up to 6,000 working Utahns. Participants must meet eligibility criteria and have access to health insurance through their employer.

## **Disability Law Centers**

*(Locations in Salt Lake, American Fork, and Cedar City)*

### **Community Legal Center**

205 N 400 W

Salt Lake City UT 84103

TTY: (800) 550-4182

Toll-free: (800) 662-9080

[www.disabilitylawcenter.org](http://www.disabilitylawcenter.org)

These centers provide information and referral, self-advocacy assistance, and free legal assistance for individuals with disabilities on issues that pertain to disability law.

## **Doctors Free Clinic**

1036 E Riverside Dr

St. George UT

(435) 656-0022

This clinic provides health care to low-income or unemployed patients.

## **Financial Counselors**

Most hospitals and treatment centers have financial counselors on staff who can help you with your financial and insurance concerns. These counselors may be available to help you obtain Medicaid or disability funds. Please contact your treatment facility for more information.

## **Health Access Project**

1800 S West Temple Ste A-128  
Salt Lake City UT 84115  
(801) 412-3980

**[www.healthaccessproject.org](http://www.healthaccessproject.org)**

The Health Access Project (HAP) is a community partnership that, with the assistance of a volunteer provider network, works to provide health care to low-income, uninsured residents of Salt Lake County. To be eligible for the Health Access Project, patients must live in the Salt Lake area, be uninsured or underinsured, and not qualify for other public assistance programs.

## **The Information and Referral Center**

### **A program of Community Services Council**

1025 S 700 W  
Salt Lake City UT 84104  
(801) 978-3333 or just “211”  
Toll-free: (800) 472-4716

**[www.informationandreferral.org](http://www.informationandreferral.org)**

The Information and Referral Center maintains a detailed listing of agencies and organizations that provide resources and assistance to residents of Salt Lake, Tooele, and Summit counties. Their employees can assess callers' needs and refer them to the appropriate organization or agency that can help them. They compile and publish a Human Services Directory which is available online and also for purchase.

## **Life Care Prescription Assistance Program**

### **A program of Community Services Council**

1025 S 700 W  
Salt Lake City UT 84104  
(801) 978-2452

In addition to other services, Life Care offers a prescription assistance program to seniors in Salt Lake County without prescription insurance who meet income requirements. Caseworkers help seniors complete the proper paperwork to apply for free or reduced cost prescriptions from pharmaceutical prescription assistance programs.

## **Make-A-Wish Foundation of Utah**

771 E Winchester  
Murray UT 84107  
(801) 262-9474  
[www.wish.org](http://www.wish.org)

The Make-A-Wish Foundation provides a “special wish” for children ages 2 to 18 with a life-threatening illness.

## **Medicaid**

### **Department of Health Division of Health Care Financing**

PO Box 143106  
Salt Lake City UT 84114-3106  
(801) 538-6155  
Toll-free: (800) 662-9651  
[www.health.state.ut.us/medicaid](http://www.health.state.ut.us/medicaid)

Medicaid is a health insurance program available for Utah residents who meet certain eligibility criteria and who cannot afford the cost of health care. A brochure explaining Utah Medicaid services and eligibility is available on their website or by contacting the numbers listed above.

## **Primary Care Network (PCN)**

### **Department of Health Division of Health Care Financing**

PO Box 143106  
Salt Lake City UT 84114-3106  
(801) 538-6155  
Toll-free: (800) 662-9651  
[www.health.utah.gov/pcn](http://www.health.utah.gov/pcn)

PCN is a preventive care health plan for Utah residents ages 19-64 who are without access to health insurance and who meet income guidelines. PCN does not cover specialty physician care or inpatient hospital care. Applications for PCN coverage are taken during enrollment sessions. Please visit the PCN website or call for information about enrollment sessions.

## **Salt Lake County Aging Services**

2001 S State St Ste S1500  
Salt Lake City UT 84190-2300  
(801) 468-2454

**[www.slcoagingservices.org](http://www.slcoagingservices.org)**

Salt Lake County Aging Services provides many services for those 60 and over including Meals on Wheels, transportation, assistance with Medicare and Medicaid questions, caregiver programs, an employment program, and chore services. For those who live outside Salt Lake County, please call your local county office and ask for the Aging Services Department.

## **Southwest Utah Community Health Clinic**

168 N 100 E  
St. George UT 84770  
(435) 986-2565

Provides accessible, quality health-care services regardless of financial, language, or cultural barriers.

## **Taking Charge of Money Matters**

### **American Cancer Society**

Toll-free: (800) 227-2345

**[www.cancer.org](http://www.cancer.org)**

This free 2- to 2½-hour workshop addresses many of the financial concerns that typically arise during or after a person's cancer diagnosis and treatment. The session provides an opportunity to discuss key money matters with guest speakers who are knowledgeable about financial planning. Workshop topics are appropriate for those with health insurance, as well as for those who do not have insurance. Call your local ACS office (*see listing in Local Agencies/Organizations*) or the national number above to find workshops in your area.

## **Utah Cancer Control Program**

### **Breast and Cervical Screening Programs**

#### **Utah Department of Health**

288 N 1460 W  
PO Box 142107  
Salt Lake City UT 84114-2107  
(801) 538-6712  
Toll-free: (800) 717-1811  
[www.utahcancer.org](http://www.utahcancer.org)

This program offers free or low-cost screening clinics for breast and cervical cancers to women who meet age and income guidelines. The Utah Cancer Control Program also provides information to women diagnosed with breast or cervical cancer who may be eligible for Medicaid benefits to cover the costs of treatment.

Screening clinics are available at local health departments, community health centers, some privately practicing physicians' offices, and Indian Health Services throughout Utah. A list of local health departments can be found below. Screening locations can also be found on the UCCP website.

#### **Bear River Health Dept (Box Elder, Rich, and Cache Counties)**

655 E 1300 N  
Logan Utah 84341  
(435) 792-6500

#### **Central Utah Public Health Dept (Juab, Millard, Piute, Sanpete, Sevier, and Wayne Counties)**

70 Westview Dr  
Richfield UT 84701  
(435) 896-5451

#### **Davis County Health Dept**

Courthouse Annex  
50 E State St  
PO Box 618  
Farmington UT 84025-0618  
(801) 451-3340

#### **Salt Lake Valley Health Dept**

2001 S State St #S-2500  
Salt Lake City UT 84190-2150  
(801) 468-2700  
For screening appointments  
call: (801) 963-7300

#### **Southeastern Utah District Health Dept (Carbon, Emery, Grand, and San Juan Counties)**

28 S 100 E  
PO Box 800  
Price UT 84501  
(435) 637-3671

#### **Southwest Utah Public Health Dept (Garfield, Iron, Kane, and Washington Counties)**

168 N 100 E  
St. George UT 84770  
(435) 673-3528



**Summit County  
Public Health Dept**

85 N 50 E  
PO Box 128  
Coalville UT 84017  
(435) 336-3222

**Tri-County Health Dept  
(Dagget, Duchesne, and  
Uintah Counties)**

147 E Main St  
Vernal UT 84078  
(435) 781-5475

**Wasatch County Health Dept**

55 S 500 E  
Heber City UT 84032-1918  
(435) 654-2700

**Tooele County Health Dept**

151 N Main St  
Tooele UT 84074  
(435) 843-2300

**Utah County Health Dept**

589 S State St  
Provo UT 84606  
(801) 370-8700

**Weber-Morgan Health Dept  
(Weber and Morgan Counties)**

2570 Grant Ave  
Ogden UT 84401  
(801) 399-8433

**Utah Comprehensive Health Insurance Pool**

PO Box 27797  
Salt Lake City UT 84127  
Toll-free: (866) 880-8494

The Comprehensive Health Insurance Pool was designed for patients with serious medical conditions who are considered too high-risk to qualify for private health insurance coverage. Applicants must be Utah residents, must meet certain eligibility criteria, and must be able to pay the required premiums.

**Utah Legal Services, Inc.**

***(Locations in Salt Lake, Provo, Ogden, and Cedar City)***

205 North 400 West  
Salt Lake City UT 84103  
(801) 328-8891  
Toll-free: (800) 662-4245

**[www.uls.state.ut.us/uls/index.html](http://www.uls.state.ut.us/uls/index.html)**

Provides legal services to low income individuals on various civil legal matters. Fees are on a sliding scale according to income. A Senior Citizens Law Center, which serves individuals over the age of 60, is also available.

## **Utah State Bar**

645 S 200 E  
Salt Lake City UT 84111  
(801) 531-9077

**[www.utahbar.org/public/tuesday\\_night\\_bar.html](http://www.utahbar.org/public/tuesday_night_bar.html)**

The Tuesday Night Bar is a free legal advice program sponsored by the Utah State Bar and the Young Lawyers Division. On these evenings, individuals can meet with volunteer lawyers for 30 minutes at no cost to determine their legal rights. The Tuesday Night Bar is held four Tuesdays each month between 5:00 p.m. and 6:30 p.m. Appointments must be made at least 8 days in advance. *Similar programs are available in other cities across Utah. For a list of these programs, visit the Utah Bar website or call the Utah State Bar.*

## **Utah State Insurance Department**

(801) 538-3805  
TDD: (801) 538-3826  
Toll-free: (800) 439-3805

**[www.insurance.state.ut.us](http://www.insurance.state.ut.us)**

The Utah State Insurance Department can help answer insurance questions and provide help with insurance problems. Their help and advice are free.

## **Other Resources**

### **Fundraising**

Fundraising is an option for those needing to raise money to cover the costs of cancer treatment. Friends, family, and community members may be willing to contribute funds to help those with cancer once they are aware of the difficult financial situation. Your local American Cancer Society and local library are good sources of information on fundraising as are the national resources listed in the *National Financial Aid Resources* section of this guide.

### **HEAT (Home Energy Assistance Target)**

Toll-free: (877) 488-3233

<http://dced.utah.gov/community/heat.html>

The HEAT program provides winter utility assistance to low-income households. For more information and a listing of local HEAT offices in each county in Utah, please call the above number or visit the HEAT website.

### **REACH Utility Assistance Program**

#### **Greater Salt Lake Chapter of the American Red Cross**

465 S 400 E

Salt Lake City UT 84111

(801) 323-7000

Toll-free: (800) 328-9272

REACH provides assistance to individuals and families who are having difficulty paying their utility bills.

### **Religious Organizations**

Some churches and religious organizations provide financial assistance. Check with your local religious leader for more information.

## **AARP**

Toll-free: (800) 424-3410

**[www.aarp.org](http://www.aarp.org)**

This organization provides those 50 years and older with benefit and entitlement information, teaching opportunities, training, employment opportunities, homebound assistance, and other resources.

## **American Kidney Fund (AKF)**

6110 Executive Blvd Ste 1010

Rockville MD 20852

Toll-free: (800) 638-8299

**[www.akfinc.org](http://www.akfinc.org)**

AKF provides financial assistance to patients with kidney cancer and other kidney diseases.

## **BenefitsCheckUp**

**A service of the National Council on Aging**

300 D St SW Ste 801

Washington DC 20024

(202) 479-1200

TDD: (202) 479-6674

**[www.benefitscheckup.org](http://www.benefitscheckup.org)**

The BenefitsCheckUp website is designed to help those over 55 find programs that may pay for some of the costs of prescription drugs, health care, utilities, and other essential items or services.

## **Cancer Legal Resource Center**

Toll-free: (866) 843-2572

**[www.wlcdr.org](http://www.wlcdr.org)**

The Cancer Legal Resource Center provides information on cancer-related legal issues for survivors and their families.

## **Children's Organ Transplant Association, Inc.**

2501 COTA Dr  
Bloomington IN 47403  
Toll-free: (800) 366-2682  
**[www.cota.org](http://www.cota.org)**

This organization provides fundraising assistance to families of children who are in need of a bone marrow or organ transplant.

## **Dream Foundation**

621 Chapala St Ste D  
Santa Barbara CA 93101  
(805) 564-2131  
**[www.dreamfoundation.org](http://www.dreamfoundation.org)**

Dream Foundation is an organization designed to improve the quality of life for those with a terminal illness. They grant wishes to terminally ill patients who are between the ages of 18 and 65.

## **Encore Plus — A program of the YWCA of the USA**

1015 18th St NW Ste 1100  
Washington DC 20036  
Toll-free: (800) 95-EPLUS (953-7587)  
**[www.ywca.org/html/B4d1.asp](http://www.ywca.org/html/B4d1.asp)**

This is a program for women over 50 years of age who need breast and cervical cancer education, screening, or support services. Contact your local YWCA for more information.

## **Fairygodmother Foundation**

2020 Lincoln Park West Ste 37E  
Chicago IL 60614  
(773) 388-1160  
**[www.fairygodmother.org](http://www.fairygodmother.org)**

The Fairygodmother Foundation grants wishes for those over 18 who have a terminal illness.

## **HelpingPatients.org**

### **Pharmaceutical Research and Manufacturers of America (PhRMA)**

1100 Fifteenth Street NW

Washington DC 20005

(202) 835-3400

**[www.helpingpatients.org](http://www.helpingpatients.org)**

HelpingPatients.org is a website sponsored by PhRMA and its member companies. This site is designed to help patients find pharmaceutical patient-assistance programs that may provide free or low-cost prescription medications to those who cannot afford them.

## **Hill-Burton Free Care Program**

### **Health Resources and Services Administration US Department of Health and Human Services**

5600 Fishers Ln Rm 16C-17

Rockville MD 20857

Toll-free: (800) 638-0742

**[www.hrsa.gov/osp/dhcr/about/aboutdiv.htm](http://www.hrsa.gov/osp/dhcr/about/aboutdiv.htm)**

This government program arranges for certain medical facilities or hospitals to provide free or low-cost care for eligible patients.

## **Income Tax Deductions**

**[www.irs.ustreas.gov](http://www.irs.ustreas.gov)**

Medical costs that are not covered by insurance policies sometimes can be deducted from annual income before taxes. Examples of tax-deductible expenses might include mileage for trips to medical appointments, out-of-pocket costs for treatment, prescription drugs or equipment, and the cost of meals during lengthy medical visits. Your local IRS office, tax consultants, or certified public accountants can determine medical costs that are tax deductible. Telephone numbers for these resources can be found in your local telephone directory.

## **The Leukemia & Lymphoma Society (The LLS)**

1311 Mamaroneck Ave  
White Plains NY 10605  
Toll-free: (800) 955-4572  
**www.lls.org**

The LLS provides financial assistance to patients diagnosed with leukemia, lymphoma, and myeloma. Please call for more information and to find a local chapter near you.

## **Lymphoma Research Foundation (LRF)**

8800 Venice Blvd Ste 207  
Los Angeles CA 90034  
Toll-free: (800) 500-9976  
**www.lymphoma.org**

LRF offers grants up to \$500 per year to lymphoma patients who have quality-of-life expenses not covered by insurance.

## **Make-A-Wish Foundation of America**

### **National Office**

3550 N Central Ave Ste 300  
Phoenix AZ 85012  
Toll-free: (800) 722-WISH (9474)  
**www.wish.org**

The Make-A-Wish Foundation grants a special wish for children 18 or younger who have a life-threatening illness.

## **Making Memories Breast Cancer Foundation, Inc.**

12708 SE Stephens St  
Portland OR 97233  
(503) 252-3955  
**www.makingmemories.org**

Making Memories grants wishes for patients with metastatic breast cancer so that they may create lasting memories with their loved ones.

## **Medicare**

Toll-free Application Line: (800) 772-1213

Toll-free Medicare Hotline: (800) 633-4227

**[www.medicare.gov](http://www.medicare.gov)**

Medicare is a government insurance program available for individuals who are 65 or older, for those of any age who have permanent kidney failure, and for some disabled individuals under age 65.

## **National Association for the Terminally Ill**

PO Box 368

Shelbyville KY 40066

Toll-free: (888) 847-0390

**<http://terminallyill.org>**

The National Association for the Terminally Ill offers financial aid to children and families who are dealing with a terminal illness.

## **National Children's Cancer Society**

1015 Locust St Ste 600

St. Louis MO 63101

Toll-free: (800) 532-6459

**[www.children-cancer.com](http://www.children-cancer.com)**

The National Children's Cancer Society pays for children's treatments that would be denied due to lack of funding. Medical procedures covered include bone marrow transplants, donor searches and harvests, pharmaceuticals, medical supplies, and other cancer treatment procedures. They also provide assistance with food, lodging, travel, and help with health insurance premiums when a family's income has been affected by cancer.

## **National Foundation for Transplants (NFT)**

1102 Brookfield Ste 200

Memphis TN 38119

Toll-free: (800) 489-3863

**[www.transplants.org](http://www.transplants.org)**

NFT provides fundraising assistance and advocacy for transplant recipients.



## **National Insurance Consumer Help Line**

Toll-free: (800) 942-4242

The National Insurance Consumer Help Line responds to questions about insurance matters and provides complaint referral and consumer brochures.

## **National Organization for Rare Disorders, Inc. (NORD)**

PO Box 1968

55 Kenosia Ave

Danbury CT 06813-1968

TDD: (203) 797-9590

Toll-free: (800) 999-6673

**[www.rarediseases.org](http://www.rarediseases.org)**

NORD is an organization dedicated to helping patients with rare diseases and their families. They provide assistance with specific prescription drugs to individuals who cannot afford them.

## **Needy Meds, Inc.**

PO Box 63716

Philadelphia PA 19147

**[www.needymeds.com](http://www.needymeds.com)**

Needy Meds provides a listing of drug manufacturers who offer free or low-cost medications to individuals who qualify.

## **Patient Advocate Foundation**

700 Thimble Shoals Blvd Ste 200

Newport News VA 23606

Toll-free: (800) 532-5274

**[www.patientadvocate.org](http://www.patientadvocate.org)**

Patient Advocate Foundation is a national nonprofit organization that serves as an active liaison between the patient and their insurer, employer, and/or creditors to resolve insurance, job retention, and/or debt crisis matters related to their diagnosis. Their website also provides financial resources for patients.

## **Social Security Administration**

### **Office of Public Inquiries**

Windsor Park Building  
6401 Security Blvd  
Baltimore MD 21235  
TTY: (800) 325-0778  
Toll-free: (800) 772-1213  
**[www.ssa.gov](http://www.ssa.gov)**

The Social Security Administration is a government agency that provides survivor, disability, and retirement benefits. Benefits are available to the elderly, disabled, and those who have lost a loved one who meet certain criteria.

## **Sunshine Foundation**

1041 Mill Creek Dr  
Feasterville PA 19053  
(215) 396-4770  
**[www.sunshinefoundation.org](http://www.sunshinefoundation.org)**

The Sunshine Foundation grants special wishes for children ages 3-21 who are physically challenged, who are seriously ill, or who have been abused.

## **Veteran's Benefits**

Toll-free: (800) 827-1000  
**[www.va.gov](http://www.va.gov)**

Eligible veterans and their dependents may receive cancer treatment at a Veteran's Administration (VA) Medical Center. Treatment for service-related conditions is provided, and treatment for other conditions may be available based on the veteran's financial need.

## **Access Utah Network**

155 S 300 W Ste 100  
Salt Lake City UT 84101  
(801) 533-4636

[www.accessut.org](http://www.accessut.org)

Access Utah Network provides statewide information and referral regarding services and issues related to people with disabilities. They also maintain a list of used assistive technology items/durable medical equipment for sale or donation.

## **American Cancer Society Learning and Wellness Center**

941 E 3300 S  
Salt Lake City UT 84106  
(801) 483-1500  
Toll-free: (800) 227-2345

The American Cancer Society offers free wigs styled by professionals to cancer patients. Hats and scarves are also available. The Learning and Wellness Center is open Monday through Friday from 9:00 a.m. to 5:00 p.m. No appointment is necessary.

## **American Cancer Society Central Utah Area Gift Closet**

255 E 930 S  
Orem UT 84058  
(801) 373- 5886  
Toll-free: (800) 227-2345

The Central Utah Area Gift Closet has free wigs, hats, and scarves available for cancer patients. They also have a limited supply of prostheses and bras.

## **Carol's Personal Boutique**

3165 S Main St  
Salt Lake City UT 84115  
(801) 483-1262  
Toll-free: (877) 227-6572

Carol's is a full-service, post-mastectomy boutique that offers some assistance with low-cost items.

## **Limbs for Life**

5929 N May Ste 511  
Oklahoma City OK 73112  
Toll-free: (888) 235-5174

**[www.limbsforlife.org](http://www.limbsforlife.org)**

Limbs for Life offers financial assistance and prostheses to individuals who could not otherwise afford them. They operate a “limb bank” for the collection of used prostheses for free distribution to qualified amputees.

*For a list of motels/hotels in the Salt Lake area that offer a hospital discount, please call the University of Utah Hospital at (801) 585-8000. You may also call the Huntsman Cancer Information Service at (801) 581-6365 or toll-free (888) 424-2100 for more information.*

## **Air Care Alliance**

6202 South Lewis Ave Ste F2

Tulsa OK 74136-1064

Toll-free: (888) 260-9707

**[www.aircareall.org](http://www.aircareall.org)**

The Air Care Alliance provides a comprehensive listing of organizations that donate free flights to individuals who cannot afford the cost of traveling to and from needed health care.

## **Angel Flight West**

3237 Donald Douglas Loop South

Santa Monica CA 90405

Toll-free: (888) 4-AN-ANGEL (426-2643)

**[www.angelflight.org](http://www.angelflight.org)**

Angel Flight West provides free flights on private aircraft to individuals who have health-care or other compelling needs. Angel Flight West serves patients in Arizona, California, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, and Washington. For flights to/from other states, please contact Angel Flight America toll-free at (800) 446-1231. Patients must be ambulatory, must be able to sit up in an airplane seat for the duration of the flight, and must have a medical release from their doctor.

## **Corporate Angel Network, Inc. (CAN)**

Westchester County Airport

One Loop Rd

White Plains NY 10604

Toll-free: (866) 328-1313

**[www.corpangelnetwork.org](http://www.corpangelnetwork.org)**

CAN provides free air transportation on corporate jets for cancer patients, bone marrow donors, and bone marrow recipients who have a scheduled appointment at a recognized cancer treatment center anywhere in the U.S. regardless of financial resources. Patients must be ambulatory and able to fly without medical assistance.

## **Delta SkyWish**

### **United Way of Metropolitan Atlanta**

Toll-free: (877) 327-8211

<http://national.unitedway.org/skywish/>

United Way and Delta provide round-trip tickets to people with life-threatening conditions to enable them to get medical treatment. Tickets come from people donating their frequent flyer miles. Limit two tickets per family, once every 6 months. Doctor verification required.

## **Jubilee Home**

### **Dixie Regional Medical Center**

409 E 500 S

St. George UT 84770

(435) 688-4514

Jubilee Home provides housing for patients and families receiving critical care at Dixie Regional Medical Center. \$20/day.

## **National Association of Hospital Hospitality Houses, Inc. (NAHHH)**

PO Box 18087

Asheville NC 28814-0087

Toll-free: (800) 542-9730

[www.nahhh.org](http://www.nahhh.org)

NAHHH is a network of hospital hospitality houses that provide free or low-cost temporary lodging for patients who are visiting treatment centers away from home.

## **National Patient Air Transport Helpline (NPATH)**

### **c/o Mercy Medical Airlift**

4620 Haygood Rd Ste 1

Virginia Beach VA 23455

Toll-free: (800) 296-1217

[www.patienttravel.org](http://www.patienttravel.org)

NPATH provides information on all forms of charitable, long-distance medical air transportation and provides a variety of other services to those seeking a way to travel long distances for specialized medical evaluation, diagnosis, and treatment.

## **Road to Recovery Program**

### **American Cancer Society**

Toll-free: (800) 227-2345

**[www.cancer.org](http://www.cancer.org)**

Road to Recovery provides limited transportation to and from hospitals, doctors' offices, and cancer treatments. Contact your local American Cancer Society (*see listings in Local Agencies/ Organizations section*) or the national number listed above.

## **Ronald McDonald House Charities**

One Kroc Dr

Oak Brook IL 60523

(630) 623-7048

In Utah: 935 E South Temple

Salt Lake City UT 84102

(801) 363-4663

**<http://rmhc.com>**

Ronald McDonald Charities has a national network of temporary housing facilities for families of children hospitalized with life-threatening illness.

## **Senior Transportation Program**

### **Salt Lake County Aging Services**

2001 S State St Ste S1500

Salt Lake City UT 84190-2300

(801) 468-2464

**[www.slcoagingservices.org/html/transpor.html](http://www.slcoagingservices.org/html/transpor.html)**

The Senior Transportation Program provides transportation to essential services such as dialysis, chemotherapy, physical therapy, prescription pick-up, and medical appointments. Service is for those over 60 who lack other transportation and cannot use public transportation.

## **Utah Transit Authority (UTA)**

3600 S 700 W

Salt Lake City UT 84130-0810

(801) 262-5626 for reduced fares and customer service

(801) RIDE UTA (743-3882) for schedule information

(801) BUS RIDE (287-7433) for FLEXTRANS

UTA offers discounted fares to individuals over age 65 and offers FLEXTRANS for individuals with disabilities who are unable to use the regular bus system. Reduced-fare cardholders may travel anywhere in the UTA system for 60 cents. A monthly pass is available for \$18. Please call for more information.

## **What is Home Care?**

Home care encompasses many services that can be performed in the home for individuals who are recovering from an illness or surgery, who are disabled, or who have a chronic or terminal illness and need help with medical, nursing, therapeutic (for example, physical, speech, occupational), or social support. These services can help those who need ongoing care and prefer to stay at home. Your doctor or social worker can help you determine what types of care you will need and help you find out if you qualify for these services.

Home care providers are licensed by the state and must also meet certain qualifications in order to be Medicare providers. Check with your state to find out if your home care provider is licensed and if they accept Medicare and/or your private insurance. For listings of licensed facilities and providers in Utah, you can call the Bureau of Licensing at (801) 538-6152 or toll-free (888) 287-3704 or visit their web site at [www.health.utah.gov/licensing](http://www.health.utah.gov/licensing).

You may also call the Huntsman Cancer Information Service at (801) 581-6365 or toll-free (888) 424-2100 for more information or visit our web site at [www.huntsmancancer.org](http://www.huntsmancancer.org).

## **Family Caregiver Alliance (FCA)**

690 Market St Ste 600  
San Francisco CA 94104  
Toll-free: (800) 445-8106  
[www.caregiver.org](http://www.caregiver.org)

FCA provides information, education, services, research, and advocacy to loved ones caring for those with a chronic or disabling health condition.

## **National Association for Home Care and Hospice**

228 7th St SE  
Washington DC 20003  
(202) 547-7424  
[www.nahc.org](http://www.nahc.org)

This national organization provides information on the purpose of home care and how to choose a home care agency. It also has a listing of home care agencies around the country.



## **Kaleidoscope Kids**

### **Community Nursing Service**

6949 High Tech Dr

Midvale UT 84047

(801) 233-6100

**[www.cnsvna.org](http://www.cnsvna.org)**

This is a specialized children's program for chronically or terminally ill children and their families provided by Community Nursing Service. They provide in-home services by a team that includes nurses, a social worker, and a bereavement coordinator. They also have a volunteer component that includes respite, massage therapy, art, and music therapy.

## **National Family Caregivers Association**

10400 Connecticut Ave Ste 500

Kensington MD 20895-3944

Toll-free: (800) 896-3650

**[www.nfcares.org](http://www.nfcares.org)**

The National Family Caregivers Association provides information and support for caregivers, including education materials, a resource guide, and a person-to-person network for emotional support. Support and information is available in Spanish.

## **Wellspouse Foundation**

63 W Main St Ste H

Freehold NJ 07728

Toll-free: (800) 838-0879

**[www.wellspouse.org](http://www.wellspouse.org)**

The Wellspouse Foundation is a nonprofit national self-help organization that serves the wives, husbands, and partners of the chronically ill. Support is available through telephone networks and personal outreach. The Foundation also publishes a bimonthly newsletter.

## **What is Hospice?**

Hospice enhances the quality of life for individuals who have a life-threatening illness and are expected to live six months or less. The hospice team includes physicians, pain management specialists, nurses, counselors, social workers, therapists, aides, and volunteers. The hospice team provides physical, emotional, and spiritual support to patients and their families and caregivers. Hospice care may be performed in the home or at a licensed facility.

Hospice care is licensed by the state and must also meet certain qualifications to be a Medicare provider. Check with your state to find out if the hospice you are interested in is licensed and Medicare approved. For listings of licensed facilities and providers in Utah, you can call the Bureau of Licensing at (801) 538-6152 or toll-free (888) 287-3704 or visit their website at [www.health.utah.gov/licensing](http://www.health.utah.gov/licensing).

You may also call the Huntsman Cancer Information Service at (801) 581-6365 or toll-free (888) 424-2100 for more information, or visit our website at [www.huntsmancancer.org](http://www.huntsmancancer.org).

## **Children's Hospice International**

901 N Pitt St Ste 230  
Alexandria VA 22301  
Toll-free: (800) 242-4453  
[www.chionline.org](http://www.chionline.org)

Children's Hospice International is a nonprofit organization that works to improve hospice care for children. Their services include an information and referral center, counseling, support groups, pain management, professional education, and research.

## **Hospice Education Institute**

3 Unity Square  
PO Box 98  
Machiasport ME 04655  
Toll-free: (800) 331-1620  
[www.hospiceworld.org](http://www.hospiceworld.org)

The Hospice Education Institute is an independent, not-for-profit organization that offers information and education for those caring for the dying and bereaved.

## **Hospice Foundation of America (HFA)**

2001 S St NW #300

Washington DC 20009

Toll-free: (800) 854-3402

**[www.hospicefoundation.org](http://www.hospicefoundation.org)**

HFA is an organization that promotes hospice care and helps to educate professionals and the families they serve about caregiving, terminal illness, loss, and bereavement. They provide information on choosing hospice services and can help families locate hospice care in their area.

## **Last Acts Partnership**

Toll-free: (800) 989-9455

**[www.lastactspartnership.org](http://www.lastactspartnership.org)**

Last Acts Partnership is a national not-for-profit organization resulting from the merger of Partnership for Caring, a national organization dedicated to improving care and caring near the end of life, and Last Acts, a national communications campaign with the same goal. Among other services, Last Acts Partnership maintains a website containing publications, free downloads of advance directives (living wills and medical powers of attorney), and a variety of educational materials. Last Acts Partnership also maintains a 24-hour crisis and information hotline.

## **National Hospice and Palliative Care Organization (NHPCO)**

1700 Diagonal Rd Ste 625

Alexandria VA 22314

Toll-free: (800) 658-8898

**[www.nhpco.org](http://www.nhpco.org)**

The National Hospice and Palliative Care Organization provides information on all aspects of hospice and palliative care and listings of hospice providers. NHPCO also provides education to providers and sponsors research and conferences on hospice.

## **Partnership to Improve End-of-Life Care in Utah**

348 E 4500 S Ste 300  
Salt Lake City UT 84107  
(801) 892-6615  
**[www.carefordying.org](http://www.carefordying.org)**

The Partnership to Improve End-of-Life Care in Utah provides information and resources to families and individuals confronting a terminal illness. Their website and educational materials address issues such as making end-of-life care decisions, pain management, living wills, caregiving for the dying, and managing grief.

**BRIGHAM CITY****Compassionate Friends****Brigham City Community Center**

300 W Forrest St  
Brigham City UT 84302

**Meets:** Second Tuesday of each month at 7:00 p.m.

**Purpose:** For parents, children, or grandparents who are grieving the death of a child or sibling. Groups are led by parents and consist of open discussion and guest speakers. Free.

**Contact:** Pat Cowley at (435) 734-9659.

**OGDEN****Compassionate Friends****McKay Dee Hospital**

4401 Harrison Blvd  
Ogden UT 84403

**Meets:** First Monday of each month from 7:00 p.m. to 9:00 p.m. in Room 4.

**Purpose:** For parents, adult siblings (ages 15 and older), or grandparents who are grieving the death of a child. Groups are led by parents and consist of open discussion. Free.

**Contact:** Nancy Carter at (801) 390-6262.

**PROVO****Compassionate Friends**

**Meets:** Please call for details.

**Purpose:** For anyone grieving the death of a child. Groups are led by parents and consist of open discussion and guest speakers. Free.

**Contact:** Siobhan McBride at (801) 400-6234.

**SALT LAKE CITY****Candlelighters Angel Family Parent Group****Rocky Mountain Candlelighters for Childhood Cancer**

PO Box 3536

Salt Lake City, UT 84110

**Meets:** Fourth Saturday of each month from 7:00 p.m. to 9:00 p.m.  
Location varies. Call for details.

**Purpose:** For parents who have had a child die from cancer. This event allows parents the opportunity to meet with other parents who really understand the day-to-day issues of dealing with the loss of a child. Free.

**Contact:** Candlelighters at (801) 487-7844 or toll-free (888) 556-2737.

**Candlelighters Angel Family Tribute****Rocky Mountain Candlelighters for Childhood Cancer**

PO Box 3536

Salt Lake City UT 84110

**Meets:** First Friday in November.

**Purpose:** This very special annual tribute honors the brave children who have died from cancer. The program includes a special video presentation, the sharing of poems and other memories, and luminary lighting in remembrance of the children who have died. A book of stories is compiled and given to parents. Activities and support are provided for siblings. Free.

**Contact:** Candlelighters at (801) 487-7844 or toll-free (888) 556-2737.

**Compassionate Friends**<http://tcfslcut.com>

**Meets:** Second Tuesday of each month at 7:00 p.m. Please call for more information.

**Purpose:** For anyone grieving the death of a child. Groups are led by parents and consist of open discussion and guest speakers. Free.

**Contact:** Holly Jeppesen at (801) 566-1243 or (801) 265-3623.

**BOUNTIFUL**

**Lakeview Hospital Bereavement Support Group**

**Golden Years Senior Center**

726 S 100 E

Bountiful UT 84010

**Meets:** Every Wednesday at 11:00 a.m.

**Purpose:** General bereavement support group for anyone grieving the loss of a loved one. Open to all ages. Free.

**Contact:** Jean Weinberger at (801) 299-2302.

**LEHI**

**Vista Care Hospice Bereavement Group**

680 E Main St Ste 202

Lehi UT 84043

**Meets:** Thursday nights from 6:00 p.m. to 7:30 p.m.

**Purpose:** A general bereavement group. Free.

**Contact:** Paul Dymock at (801) 592-8539 or  
Julia Martinez at (801) 592-4308.

**OGDEN**

**Bereavement Support Group**

**Ogden Regional Medical Center**

5475 S 500 E

Ogden UT 84405-6978

**Meets:** Please call for more information.

**Purpose:** General bereavement support group for adults. Meets for six weeks. Free.

**Contact:** Pastoral Care at (801) 479-2074.

## ADULTS...LOST A LOVED ONE, CONTINUED

OREM**Bereavement Support Group****Home Care and Hospice of IHC in Utah County**

1165 S 800 E

Orem UT 84079

**Meets:** Wednesdays from 12:00 p.m. to 1:30 p.m. Please call to register.

**Purpose:** General bereavement support group for adults 18 and older. Eight weekly sessions run quarterly. Free.

**Contact:** Betty Ford at (801) 426-1826.

SALT LAKE CITY**Bereavement Support Group*****Sponsored by Larkin Mortuary and St. Mark's Hospital*****St. Mark's Hospital**

1200 E 3900 S

Salt Lake City UT 84124

**Meets:** Call for meeting dates.

**Purpose:** Grief support group for anyone who has suffered a loss. This is an eight-week closed group, and registration is required. Free.

**Contact:** Carol Lee at (801) 268-7141 or Education at (801) 268-7422.

**Caring Connections:  
A Hope and Comfort in Grief Program**
**University of Utah College of Nursing**

10 S 2000 E

Salt Lake City UT 84112-5880

**[www.nurs.utah.edu/caringconnections](http://www.nurs.utah.edu/caringconnections)**

**Meets:** Call for more information.

**Purpose:** Various eight-week grief groups. Caring Connections also produces a bimonthly newsletter and has a handbook



available for those dealing with sudden and unexpected death. There is a minimal cost for this program, and scholarships are available for those who cannot afford the fee. Groups in Spanish are available.

**Contact:** Sheri Poulsen at (801) 585-9522 or  
Dr. Beth Cole at (801) 585-9612.

## **Cottonwood Hospital Bereavement Group**

### **Cottonwood Hospital**

5770 S 300 E  
Murray UT 84107

**Meets:** First and third Wednesdays of each month from 2:30 p.m. to 4:00 p.m.

**Purpose:** An adult grief support group that covers the grieving process, stress and anger management, guilt, closure, role changes, remembrances, and how to handle the holidays. Please call to register before attending the first time. Free.

**Contact:** Lo Pendleton, LCSW, at (801) 341-2907 or  
Norman Leifer, LCSW, at (801) 314-2978.

## **LDS Hospital Open and Closed Bereavement Support Groups**

### **LDS Hospital**

8th Ave and C St  
Salt Lake City UT 84103

**Meets:** Please call for meeting times and locations and to register.

**Purpose:** Ongoing education and support for those who have lost loved ones. Free.

**Contact:** Helen Rollins, Bereavement Coordinator, at (801) 408-5661.

## ADULTS...LOST A LOVED ONE, CONTINUED

SALT LAKE CITY, CONTINUED**St. Vincent's Bereavement Group**

1375 E Spring Ln  
Salt Lake City UT 84117

**Meets:** Thursdays at 7:00 p.m. Please call for meeting location and to register.

**Purpose:** Nine-week closed groups beginning in fall and spring for adults who have lost a loved one. These groups are spiritually oriented and open to all faiths. \$10 fee.

**Contact:** Frankie Clark, RN, at (801) 278-5404.

ST. GEORGE**Grief Support Group**

**IHC Home Care and Hospice at Dixie**  
1240 E 100 S Bldg 22 Ste 219  
St. George UT 84790

**Meets:** Call for dates, times, and location.

**Purpose:** Offers grief support groups for all ages that meet for eight weeks, four times a year. Individual and family counseling is also available. Free.

**Contact:** Kyle Brown at (435) 688-4567.

WEST VALLEY CITY**Grief Recovery Support Group**

**Valley View Memorial Park**  
4335 W 4100 S  
West Valley City UT 84120

**Meets:** Every other Wednesday from 5:30 p.m. to 7:00 p.m. Additional times and locations may be available in the future; please call for details.

**Purpose:** To provide support to adults who have lost a loved one. Group sessions cover different topics, and participants are welcome to attend all or just a few sessions. Occasional workshops are offered on special topics. Free.

**Contact:** Natalie Bacon at (801) 253-2795 or  
Cathy Bang at (801) 201-7991.

**OGDEN**

**A Center for Grieving Children**

1708 E 5550 S #18  
Ogden UT 84403

**Meets:** Call for more information.

**Purpose:** A Center for Grieving Children is a support center for children, teens, and their families who are grieving the loss of someone they love from death, divorce, or separation. Free.

**Contact:** Center for Grieving Children at (801) 476-1127.

**SALT LAKE CITY**

**Primary Children's Medical Center Bereavement Group**

**Primary Children's Medical Center**

100 N Medical Dr  
Salt Lake City UT 84113

**Meets:** Seven-week groups are held three times a year. Call for more information.

**Purpose:** Bereavement groups include play therapy for preschoolers (3-6), elementary school children (6-12), and teens (12-19), as well as a group for adults grieving the death of a child. A free quarterly newsletter (Caring Notes) is available to anyone requesting it. A \$5 per-person fee is charged to cover materials for the group.

**Contact:** Mary-Ann Bowman, PhD, CSW, at (801) 588-3483.

**CHILDREN...LOST A LOVED ONE, CONTINUED**

**SALT LAKE CITY, CONTINUED**

**The Sharing Place**

1695 E 3300 S  
Salt Lake City UT 84106  
[www.thesharingplace.com](http://www.thesharingplace.com)

**Meets:** Open-ended groups meet two times a month. Call for more information.

**Purpose:** The Sharing Place is a support program for children, teens, and their families who are grieving the death of someone they love. It was created to assist children, teens, and their families through the grief process by encouraging them to share their feelings with others who have experienced a loss. Families pay pledges.

**Contact:** The Sharing Place at (801) 466-6730.

**ST. GEORGE**

**Grief Support Group**

**IHC Home Care and Hospice at Dixie**  
1240 E 100 S Bldg 22 Ste 219  
St. George UT 84790

**Meets:** Call for dates, times, and location.

**Purpose:** A grief support group that meets for eight weeks, four times a year, for children, teens, and adults. Individual and family counseling is also available. Free.

**Contact:** Kyle Brown at (435) 688-4567.

Alliance Community Services  
Altius Health Plans  
American Cancer Society  
American College of Surgeons  
Bear River Health Department  
Brigham Young University  
CancerLife  
Cancer Pain Relief of Utah  
Cancer Wellness House  
Candlelighters for Childhood Cancer  
Care Source Hospice  
Center for Colon and Rectal Disease  
Centers for Disease Control and Prevention  
Central Utah Multi-Specialty Cancer Clinic  
Community Nursing Service  
Davis County Health Department  
Davis Surgical Center  
Dermatology Research Center  
End-of-Life Care Partnership  
HealthInsight  
Hospice of Hope  
Huntsman Cancer Institute  
Intermountain Health Care  
McKay-Dee Hospital  
Myriad Genetics  
National Breast Cancer Coalition  
National Cancer Institute's Cancer Information Service  
National Patient Advocate Foundation  
Office of Pacific Islander Affairs  
Planned Parenthood  
Public Employees Health Plan  
Salt Lake Valley Health Department  
Social Security Administration  
Southwest Utah Public Health Department

*(list continues on page 92)*

St. Mark's Hospital—Women's Services  
St. Mark's Hospital—Gastroenterology  
State of Utah, Dept. of Community and Economic Development  
Summit County Public Health Department  
Susan G. Komen Foundation  
Tooele Health Department  
Tri-County Health Department  
University of Utah College of Nursing  
University of Utah Dept. of Pharmacy Practice  
University of Utah Health Sciences Center  
University of Utah Oncology Division  
University of Utah—Utah Cancer Registry  
Utah Cancer Control Program  
Utah Cancer Crusaders  
Utah Cancer Specialists  
Utah County Health Department  
Utah Department of Health  
Utah Dept. of Health—Cardiovascular Program  
Utah Dept. of Health—Tobacco Program  
Utah Initiatives for Pacific Islanders  
Utah State University—Dept. of Health, Physical Education,  
and Recreation  
Wasatch County Health Department  
Weber-Morgan Health Department  
Western Urological Clinic  
YWCA of Salt Lake City

The *Community Cancer Resource Guide* is dedicated to all cancer patients, their loved ones, and the professionals who care for them. We hope this will be a valuable resource.

The Patient and Public Education Department at Huntsman Cancer Institute would like to thank the American Cancer Society and Utah Cancer Action Network (see pages 91-92 for member listing) for their assistance in publishing this valuable resource. More people will receive this guide thanks to their contributions.

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Sincerely,

**Donna Branson**

**DIRECTOR**

*Patient and Public Education  
Huntsman Cancer Institute*



**HUNTSMAN**  
CANCER INSTITUTE  
*at the*  
UNIVERSITY OF UTAH

HUNTSMAN CANCER INFORMATION SERVICE  
(801) 581-6365    (888) 424-2100



AMERICAN CANCER SOCIETY  
(800) ACS-2345



UTAH CANCER ACTION NETWORK (UCAN)  
HEALTH RESOURCE LINE  
(888) 222-2542